



NATIONAL SERVICE SCHEME
ATAL BIHARI VAJPAYEE GOVERNMENT INSTITUTE OF
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Programme No. 3

14 September 2026

Program Details – Observation of “World No Tobacco Day”

Activities: Awareness Lecture and Pledge on World No Tobacco Day

Coordinator: Nikhil Rathore

Date of Activity: May 30, 2026

Venue: ABVGIET Pragatinagar

Participants: B. Tech. Students, Security & Sanitation staff

No. of Participants: 35 Participants

Details of Activity:

The NSS Unit of ABVGIET Pragatinagar observed **World No Tobacco Day** on May 30, 2026, with the objective of creating awareness about the harmful effects of tobacco consumption and promoting a healthy, tobacco-free lifestyle.

As part of the programme, an **awareness lecture** was delivered by **Programme Officer NSS**, highlighting the adverse health, social, and economic consequences of tobacco use. The lecture emphasized the risks associated with smoking and smokeless tobacco products, including cancer, cardiovascular diseases, respiratory disorders, and other serious health complications. Participants were also informed about the importance of adopting healthy habits and supporting tobacco-control initiatives.

The programme was attended by **B. Tech students, security staff, and sanitation staff**, ensuring participation from different sections of the institute community. Following the awareness lecture, all participants took a **pledge** to remain tobacco-free and to spread awareness regarding the ill effects of tobacco among their families, friends, and society.

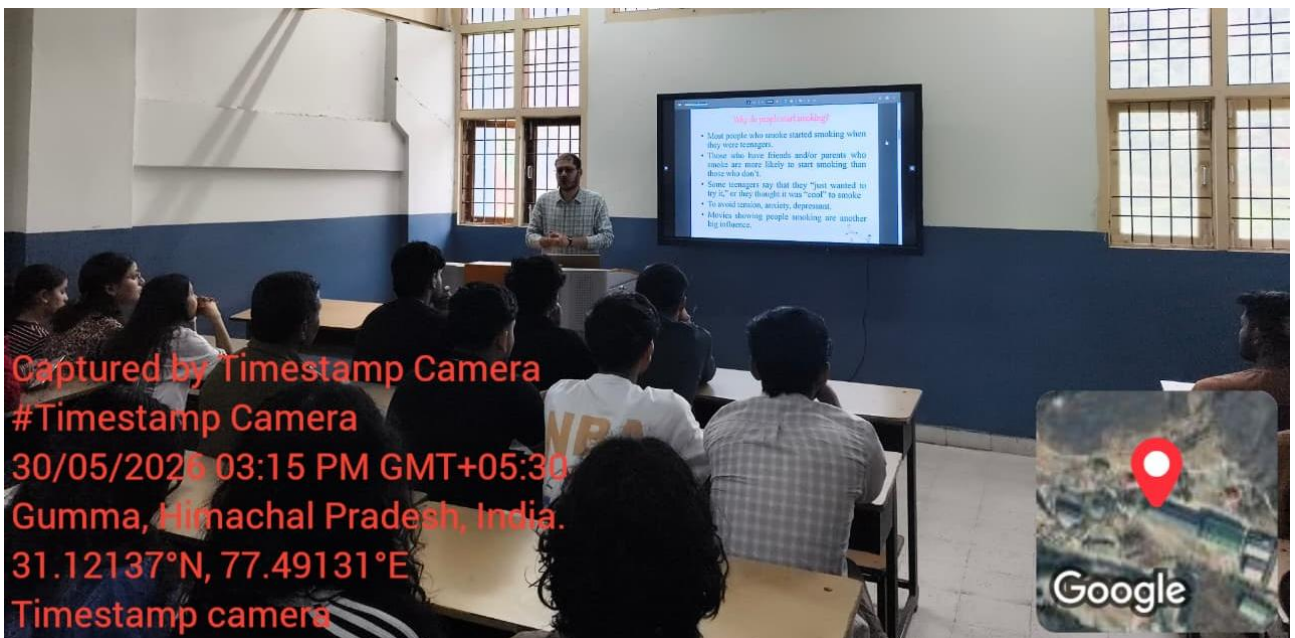
The programme concluded with an interactive session in which participants shared their views and reaffirmed their commitment towards promoting a healthy and tobacco-free environment.

Impact of Activity:

The programme significantly enhanced awareness among participants regarding the harmful effects of tobacco consumption and the importance of preventive measures. The awareness lecture and pledge motivated participants to adopt healthier lifestyles and encouraged them to act as ambassadors of tobacco-control awareness within their communities. The activity contributed towards fostering a healthier campus environment and strengthening the commitment of participants towards a tobacco-free society.

Nikhil Rathore
Programme Officer, NSS
ABVGIET Pragatinagar

Photographs





Say No to Tobacco Pledge