





Atal Bihari Vajpayee Govt. Institute of Engineering & Technology

Pragatinagar, District Shimla-171202



INAUGURAL EDITION



Atal Bihari Vajpayee Govt. Institute of Engineering & Technology

Pragatinagar, District Shimla-171202

Director-Cum-Principal's Message



With great pride and pleasure, I extend my heartfelt wishes to all readers of the first edition of our college magazine - *Pinnacle*. Reflecting on the accomplishments and vibrant activities showcased within these pages, I am inspired by the dedication, creativity, and resilience of our students, faculty, and staff.

This magazine serves as a window into the dynamic life of our institution, highlighting not only academic excellence but also the diverse talents and innovative initiatives that define us. It is a testament to our collective commitment to holistic development and continuous growth.

As we progress further, I am confident that our college will continue to foster an environment of learning, innovation, and social responsibility. I encourage everyone to draw inspiration from these stories, poems, celebrate our shared achievements, and strive towards greater heights.

Thank you for your unwavering support and enthusiasm. I wish you all an engaging read and a bright future ahead.

Prof. (Dr.) Umesh C. Rathore
PhD. (EE), SLIET Longowal
(Hydro Power Plant Control)
M.E. (I&C), Panjab Univ. CHD. (Gold Medallist)
B.Tech. (EE), REC (NIT) HMR.
Director-cum-Principal

Faculty Coordinator's Message

It is with immense joy and pride that I present to you the inaugural issue of *Pinnacle*, the official magazine of our esteemed institution. This maiden edition marks a significant milestone in our collective journey — a moment to celebrate not only academic excellence, but also the vibrant creativity, innovation, and spirit that define our college community.

Thrue to its name, *Pinnacle* aspires to represent the summit of student expression and institutional accomplishment. It is a platform where thoughts find voice, talents find audience, and ideas find wings. Within these pages, you will find a rich tapestry of articles, poems, illustrations, and reflections — all woven together by the passion and efforts of our students and faculty.

As the Faculty Coordinator, I have had the privilege of witnessing the evolution of this magazine from a mere idea into a tangible testament of hard work and imagination. The journey has been inspiring, made

possible by the dedication of the editorial team, the creative contributions of our students, and the constant support of the faculty and administration, especially our Director cum Principal, Prof. Umesh C. Rathore.

Let this edition not only be a record of achievements but also a mirror reflecting the aspirations and diverse voices of our academic family. I hope *Pinnacle* will continue to grow into a beacon of inspiration in the years to come.

My heartfelt congratulations to everyone involved in making this vision a reality. May we continue to reach new pinnacles together.

Dr. Divya Sharma
Coordinator Institute Magazine
Assistant Prof. English

CHEIF EDITOR

"All the world's a stage," and in truth, this magazine, *Pinnacle*, is but a play, wherein each page tells a tale, each image speaks a story, and each word is an echo of our hearts' endeavours. To bring forth this humble tome, my friends, was no less than a journey fraught with toil, tempests, and triumphs alike.

It was not a task to be undertaken lightly, for to compile these pages was to capture fleeting moments, weaving the fabric of our college's essence into ink and parchment. Each photograph, each article, each poem, they aren't just words but the whispers of the bustling life that surrounds us. Yet, it is no simple feat to gather them into harmony. Much like a sculptor chisels away at the marble, so too did we labor—carefully, meticulously, to give form and structure to this creation.



MALINIANSU THAKUR

The path was not always clear, nor was it free from obstacles. For in the forging of *Pinnacle*, we encountered challenges that tested our resolve. The collaborations, the correspondence with writers, the delicate dance with deadlines, all were part and parcel of this arduous but fulfilling task. Like a juggler balancing fragile orbs, we too had to balance the many elements that go into making a magazine: the content, the design, the tone, and the timeliness. Yet, in such a pursuit, it is the comradeship of those around us, that brings strength to the weak and light to the weary. I stand before you all, not as one, but as part of a greater whole. My editorial board, the tireless souls who stood by me, are the unsung heroes of this endeavour. Each one, with their unique talents and unwavering support, lent their wisdom, their passion, and their creativity to make this vision a reality.

Through long hours, countless revisions, and the occasional moment of doubt, we pressed on. We poured our hearts into every word and image, striving to capture the very spirit of our beloved campus. And in the end, when all was said and done, we held in our hands a reflection of ourselves—our joys, our struggles, and the shared experiences that unite us.

As Shakespeare once said, "The better part of Valour, is Discretion," and so it was with great care that we chose what to include, what to leave behind, and how best to tell the stories that needed telling. Each page you hold is the product of many minds and many hands, and though the task was long and weary, the reward is rich and sweet.

So, dear readers, as you turn the pages of this magazine, know that you are not merely reading words and looking at images. You are glimpsing the soul of our college, the heartbeat of its students, and the love with which we crafted this piece of art. With humble pride, we present to you *Pinnacle*, a reflection of our collective journey—a journey filled with passion, perseverance, and the unyielding pursuit of excellence.

ASSOCIATE EDITORS



READING!!!!

As the associate editor of our college magazine, I am proud to announce the release of this edition. This magazine reflects the hard work, creativity, and dedication of the entire team. It showcases the

ABHINAV SINGH talent and spirit of our college community. I am delighted with the inspiring and engaging content we have curated. This edition stands as a testament to our shared efforts and vision. We hope it leaves a lasting impression and brings joy to every reader. HAPPY

As an associate editor of "PINNACLE", I am endlessly grateful for the platform it provided to celebrate our diverse voices, creativity, and stories.

PINNACLE is more than just pages filled with wor-



st pages filled with words; it's a testament to our collective brilliance,
passion, and commitment to sharing knowledge
and inspiration. Together, we illuminate the
paths of imagination and knowledge, shaping
the literary landscape of our community. Thank
you, *PINNACLE*, for being the canvas upon which
our dreams and aspirations came to life.

DESIGNING TEAM



ANSHIKA THAKUR

students. we drive campus life by enriching our college experience. Anshika Thakur, a Computer Science Engineering student at ABVGIET, proud to be part of this vibrant community. Our initiatives, from diverse events to sustainability shape advocacy, campus culture and leave a lasting impact, embodying the spirit of innovation and collaboration that defines our institution.

As the designer of our college magazine, Ι craft visual transform narratives that mere pages into vibrant canvases of expression with an eye for detail and a passion for creativity, I blend typography, colour, and imagery our readers captivate and bring our stories to life



SARTHAK KAUL



ALISHA PATIAL

I'm honoured to be a part of vibrant the academic community AVBGIET, at pursuing studies in my Electronics and Communication Engineering. a diligent 6th-semester student, I am deeply committed to academic excellence and enthusiastic about contributing to our magazine.

ART DIRECTORS



As the Art Directors of *Pinnacle*, the college magazine, we were the creative visionaries responsible for the magazine's visual identity.

ANSH KATWAL

We collaborated with the editor-in-chief to develop the magazine's theme and aesthetic for each section. We oversaw the layout, design, and photography, ensuring visual consistency and high-quality visuals throughout the magazine.

My journey with Pinnacle has been a rollercoaster ride of emotions, moments of motivation and demotivation intertwined. Despite the challenges,



SAHIL

the unwavering support of my team has been my guiding light. The magazine has been more than just a platform for expressions. It's been a catalyst for personal growth and resilience. I'm grateful for the team efforts forged and invaluable lessons learned.

PHOTOGRAPHY TEAM



NIKITA NEGI

I'm part of the photography club for this magazine. Since childhood, I've loved capturing photos of nature and places, documenting how things change over time. Photos hold priceless memories, moments preserving that would otherwise fade. I'm excited to share glimpses of our college through my lens.

As a photographer and photo editor for *Pinnacle*, my days were filled with vibrant colors and the thrill of capturing beauty in every frame. My goal was to apprehend attractive moments that told stories with each shutter click. I worked hard to encapsulate the essence of every scene with accuracy and creativity, whether it's the silent reflection of an artist lost in their work, or the beauty of our college.



PARAS GAUTAM



RASHITA THAKUR

As the Photography Director of Pinnacle, I poured my passion keen and interest into capturing the essence of college life. I focused detailed shots of the campus and its various areas. The hostel, being the heart of the college, was a major highlight. Through these photographs, I aimed to showcase dorm life, daily activities, and moments of friendship. Each picture, when seen together, narrates the complete story of our college journey.

A Letter from Our College: "The voice within"

Dear Students, Faculty, and Friends, Greetings!

I am your college, and I have been here for a long time, witnessing many changes, growth, and a lot of lively energy. Today, I want to share my story and reflect on what makes me unique— from my perspective.

A Hub of Education and Development

Above all, I am a place where education flourishes. My classrooms and lecture halls are the core of my being, where knowledge is shared and new ideas emerge. I have welcomed numerous students through my doors, all keen to learn and pursue their interests. Every part of my campus resonates with curiosity and the lively exchange of academic ideas.

Students: The Life of the Campus

My students are near and dear to me! You Make Me Alive You fuel my early mornings and latenight study struggles with energy and determination. You guys give this place a pulse with whatever you do in the library or group study pods. All the time you are growing new chapters into my life. I enjoy seeing you succeed and tackle obstacles. You all bring something different to the table, and my community is, what it is, because of YOU.

Faculty: The Guiding Lights

Followed, of course by my faculty members — the beacons of light. You are the catalyst for ideas; you drive innovation and inspire growth. You created a space in your classrooms that students found safe and motivating. Your dedication to sharing, teaching and mentoring is what keeps it all very circular... and for this I am especially thankful.

The Campus Environment: My Ever-Changing Face

Through dedicated sustainability initiatives, the integration of innovative technology in classrooms, and the creation of more inclusive and inviting spaces, I strive to enhance the experience for everyone who walks these paths. Each new development reflects the evolving needs, aspirations, and growth of my students and facilitators. Witnessing these transformations unfold is not just fulfilling —it's a dynamic and inspiring part of this ever-evolving journey.

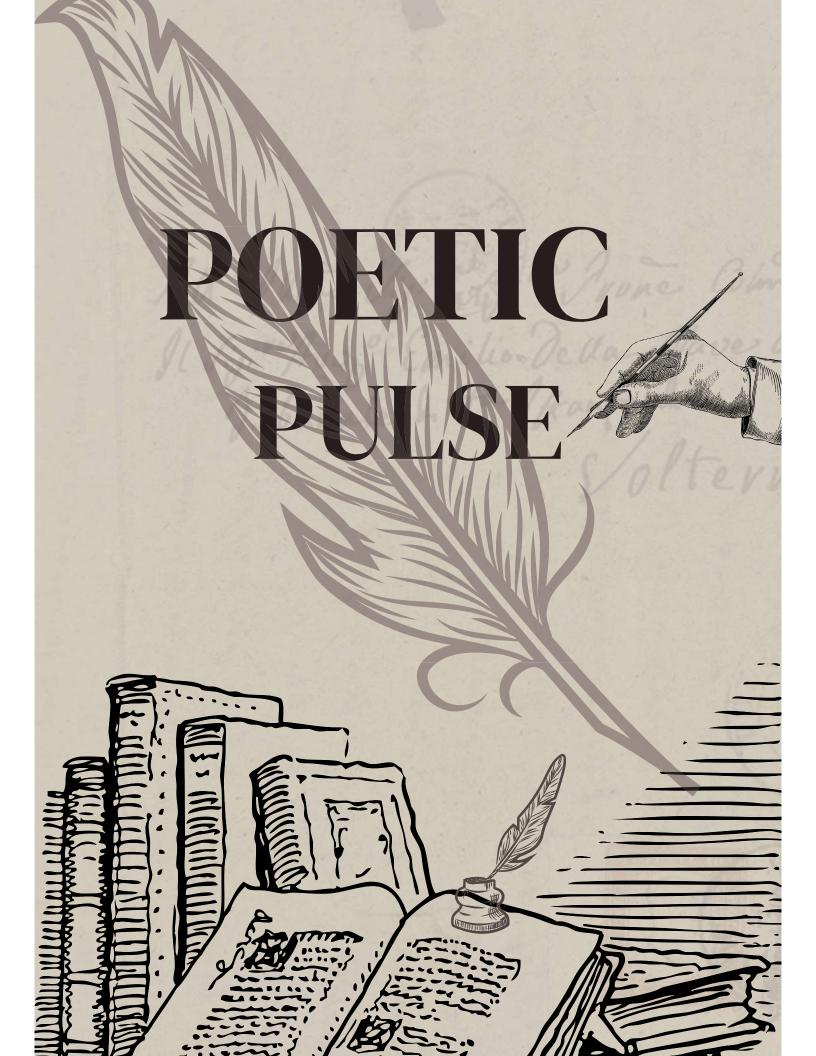
Challenges and Triumphs

Naturally, it has not been all smooth-sailing. There have been some controversies, and hard decisions from the status quo to innovation; of course never short on struggles. But in all this I have seen resilience and fortitude. We have faced adversity, but every hurdle has galvanized my students and faculty together in fighting our common problems.

Looking Ahead

I see it as an adventure for the future that is so exciting. New faces join my community every academic year, and with them come new ideas. I look forward to continuing to change and progress together as a community, most precious. We will write the next chapters of our story together and we will achieve, learn, experience. Thanks for being a part of my journey. It is your presence, energy, and input that makes me most alive. Here is to many more years of good learning, development and progress! With heartfelt appreciation, Atal Bihari Vajpayee Government Institute of Engineering and Technology, Pragatinagar, SHIMLA!!!

-Vanshika Sharma CSE (6th semester)



"Where do we go from here"

Our amygdala keeps the track
of every event subtly.
And on one Friday morning,
you don't feel the warmth of
the sun rays piercing their way
through the broken window sill.
And your eyes fell on the calendar,
it's twelfth of June, you've crossed
the date in red, like the mark on your
left wrist which still hurts sometimes.

But today is a special day, your therapists have named it as 'anniversary effect'. the effect that you can say is, the elder but cruel brother of déjà vu.

The effect that refreshes the trauma
you've suffered on the prior date
or a season, like in winters
you stroll through the snowy roads of Shimla alone.
But today is a special day,
your therapist has told you,
no matter how hard you try to forget,
the brain takes the snapshots,
when you go through a trauma,
of the things nearby.
Like today, exactly four years ago
how he said all those words,
words that your mind has forgotten,
but not the snapshots
of the things nearby.

Like the broken window sill, like the half left coffee, like the sillage of his perfume, like the Ed Sheeran song that played on the radio while he told you that he can't love someone who has so many flaws, and how 'perfect' is the song that you don't listen to anymore. It's twelfth of June, the sun rays are almost cold colder than the half left coffee. You feel an unsettling feeling, like your therapist had told you, and then you ask your amygdala 'where do we go from here?' To which the home of all the emotions, the amygdala replies 'the twelfth of June'. at that moment, you don't know what's more tragic, maybe it's the inability to go anywhere, or maybe it's the obligation to stay there.

Infinity and beyond

for hours she'd observe, how the moon swims in the black and want to go 'there, up there', she'd tell me in a voice that my ears reek of. She told me 'cosmos' was the first word she saw on tv when Carl Sagan took her on the voyage, far away from the pale blue dot, far away from her home, and close to the star her teacher gave her, for the poem she wrote on 'infinity' and that was the star she would try to find, 'there, up there'

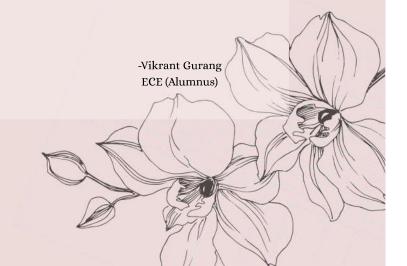
but she couldn't.

Because she told me the star looked like my eye, the five edges like my fingers, holding her hands and pointing 'there, up there' to the infinity and beyond.

She told me there exists a universe, poem that touched me in infinitely it was like, 'there, up there there, up there'. And her eyes welled up so much, her eyes held enough water, to make the moon drown in it. Her poem had infinite dimensions, her poem filled my lungs, with the air that knew poetry. her poem made ripples, of gravity in the space and time, I've ever heard.

Unfettered Love

She is not my muse
I've never needed inspiration.
But she's the only one
who has never tried to
wrap my creativity in chains.
She doesn't complete me.
I never needed to be added to.
But she's never tried
to rip away even the smallest
undesirable piece of who I'm.
She just love me
completely
unconditionally
and somehow
she makes it look easy.



Words Of Love

We come from darkness and go into darkness, But our lives are colorful on this earth. Yet there are people who live in darkness, Right from the time of their birth.

The light of kindness, love, and care.

Life for them is a terrible plight;

Darkness surrounds them everywhere.

Every man is born with untold wealth Preserved within his heart.
He must discover that enormous wealth And share it, playing his part.

Two words of love and consolation,
And some help that you can give,
Can bring many changes to their situation,
Filling their souls with comfort to live.

Two words of encouragement and sympathy
Are like sparks that can ignite
The souls and make them smile with glee;
They can fill the darkness with light.

These words are like a breeze
That comforts a weary traveler.
They have the magical power to ease
The pain of the sufferer.

We have a short time on this earth,
So let's change someone's unfortunate fate
And live life for all it's worth
Before it is too late.

- Ishita Thakur CSE(6th semester)

TITANIC

Titanic A tale of love and sacrifice A story that we all know about

In the ocean of our love we sailed like Titanic Embracing our relation, beautiful and romantic

Didn't notice the iceberg approaching straight Maybe the fracture of our bond was our fate

Into the depths of your love's ocean, i wanted to glide Like Jack lost in Atlantic's mighty tide

But what I found was a shallow stream Without depth and passion, a fading dream

You departed in silence, carving a void within my soul,
Like the abyss that consumed Titanic, full and whole.

I attached myself so closely to you that my insides tangled through.

So when you ripped yourself away from me, you split me clean in two

Cutting through our intertwined souls
Shattering my heart that sank into depths beyond control

Now my heart and pen bleed,
Both filled with same emotions yet different colours they bleed

Like the titanic's wreckage, my hopes lie buried In a trench where the echo of our love is carried

I drift aimlessly half a person lost in sea Holding an empty bottle of remedy

Not sure how to rebuild myself ever When my other half was you, my forever - Shivansh Thakur CSE (6th semester)

NEVER GIVE UP

Never give up with your face When you have to win a long race.

Never say I give up, Because you have to drink a nectar cup.

Never be afraid with battles, Because you're gonna face more sorrows and saddles.

You're a person with power, At droughts, you're gonna make the rain shower.

Your kindness is not any kind of hire,

Be a person as the never dead bonfire.

Why to be afraid if someone will tease you,

Why do you want someone to come and please you.

Be a star from the dull school's congregation,

Charge yourself with the brightest education.

You are the candle's yellow light,

Who is going to shine super bright.

You're going to make the nightmares scare,

Because people like you are very rare.

People know that you are a mild child,

But they don't know that the fire in you is wild.

You can do whatever and however you think,
Set the colours of your rainbow adding pink.

Your dreams are nuggets and gems,

You have to use them to fulfil them.

You are the master of your own, You can be the one who invented the future phones.

You are a unique person in this entire world,

Who wants to fly like a beautiful bird.

You have the courage to you people will bow,

The day is not far when you will be sitting in the very first row. With this, I would like to sum up, in your life, NEVER GIVE UP.

> -Sudiksha Sharma CSE (6th semester)

मैं अपने जैसा हूँ

अपने जैसा हूँ, तुम जैसा नहीं, तो गुनहगार नहीं हूँ मैं।

मेरी आँखों में चाँद, और तुम्हारी आँखों में तारे हैं। अगर भेद नहीं करता आफ्ताब भी इनमें, तो गुनहगार नहीं हूँ मैं।

अगर बाढ़ आती है मेरे बरसने से, तो बादल नहीं हूँ मैं। फिर सूखा पड़ जाए ज़मीन पर, तो गुनहगार नहीं हूँ मैं।

मोहब्बत और दोस्ती बैरी हों, फिर इज़्ज़हार नहीं हूँ मैं। पर उर से आवाज़ आई, तो गुनहगार नहीं हूँ मैं।

दो पायी में खरीद लो, इतना बेजार नहीं हूँ मैं। पर बिक जाऊं अगर प्रेम के लिए, तो गुनहगार नहीं हूँ मैं।

लेखक हूँ अपनी कहानी का, किरदार नहीं हूँ मैं। और अगर खलनायक हूँ तुम्हारी कहानी का, तो गुनहगार नहीं हूँ मैं।

वो नियम नियम ही नहीं, जो साधु को सताएं। तोड़ आऊं उन नियमों को, तो गुनहगार नहीं हूँ मैं। चमकते हो तुम जिन अंधेरों में, वो अंधेरा नहीं हूँ मैं। भले सांवला हूँ, पर गुनहगार नहीं हूँ मैं।

नैना पूर्वी हैं, पर पराया नहीं हूँ मैं। जितना हिंद तुम हो उतना हिंद हूँ, फिर गुनहगार नहीं हूँ मैं।

इसी धरा पे पाला बड़ा, अच्छूत नहीं हूँ मैं। गले लग लिया तुम्हारे, तो गुनहगार नहीं हूँ मैं।

सौ दाग हैं मेरे चेहरे पर, साफ नहीं हूँ मैं। हूँ सूरत से अजीब, पर गुनहगार नहीं हूँ मैं।

भले दौड़ में पीछे हूँ, पर हारा नहीं हूँ मैं। पैर रुके न जबतक तबतक, गुनहगार नहीं हूँ मैं।

न उठूं जो पानी से आग की तरह, तो यलगार नहीं हूँ मैं। तुम सेहम जाओ उन लपटों से, तो गुनहगार हूँ मैं।

जिसने तुम्हें बनाया, उसी खुदा की बनावट हूँ मैं। इस बत्सलूकी का हकदार नहीं हूँ मैं, क्यूंकि गुनहगार नहीं हूँ मैं।

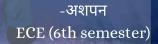
-शगुन गुप्ता CSE (8th semester)

बदलाव

बहुत बातें होती हैं, लफ़्ज़ों से कम आँखों से ज़्यादा होती हैं। तुम कुछ ना भी कहो, फिर भी समझ जाती हूँ, क्यूंकि शायद मैं भी सुनना चाहती हूँ। वो आँखों का मिलना, दिल की धड़कन तेज़ होना, फिर वो नज़रें चुराना। दोबारा तुम्हें देखने की चाहत होना, फिर देखने की हिम्मत भी ना हो पाना। समझ नहीं आता ये क्या हो रहा है, क्यूँ पहली बार दिल किसी में यूं खो रहा है। अच्छी चल रही थी जिंदगी, ये नया बदलाव क्यों? पर अच्छा है ये बदलाव, लगता है जैसे देखती हूँ कोई ख्वाब। जानती हूँ तुम भी ऐसा महसूस करते होंगे, पर क्या मेरी तरह तुम भी यूं पन्ने भरते होंगे?

तेरी दोस्ती

एहसास कुछ अलग सा था, जब पहली बार मैं तुमसे मिला था। ऐसा लगा कि मेरी ज़िंदगी पलट गई, जब दोस्ती मेरी तुझसे हो गई। तुम्हें ही तो मेरे सारे राज़ पता हैं, तू ही तो मुझे पूरी तरह से समझ पाता है। अनोखा है तुम्हारा स्वभाव, जो हर बार मुझको करता है हैरान। हमारा भरोसा एक-दूसरे पर जितना अटल है, मुझे लगता है कि हमारा साथ में काफी लंबा सफर है। तुम इतने अनूठे हो, हर बार अपनी हरकतों से मुझे चौंका देते हो। तुम इतने ख़ास हो, क्या बताऊँ, तुम्हें देख कर हर बार मन करता है कि तुम्हें जी भर के सताऊँ। हर चीज़ को देखने का नज़रिया तुम्हारे साथ बदल जाता है, तू मेरे प्रेरित होने का ज़रिया और जीत का हिस्सा बन जाता है। तू जैसा भी है, सही है यार, मेरे हर तनाव का परमानेंट इलाजा तेरे साथ जोखिम उठाने का अलग ही मज़ा है, लेकिन तुझे झेलना भी तो एक सज़ा है। हमेशा याद रखना कि तेरा "पार्टनर इन क्राइम" हूँ, तू मेरा और मैं तेरा सच्चा यार हूँ।



"खारे पानी ने आज तक, बस मेरी नज़र धुंधलाई है। आज पहली बार उसकी खूबसूरती, नज़रों में नज़र आई है।

ऐ समुंदर, तू आखिर कैसे भरता है, ज़रा बता, किसके आंसू इकठ्ठा करता है। आचंभे की बात तो ये है कि, कोई इतना कैसे रो सकता है। ये सोच के मुझे मेरा ग़म छोटा लगता है।

मुझे लगता था एक ज़मीन का टुकड़ा किनारा है, पर इस रेत को देखा तो जाना, किनारा तो चार कंधों का सहारा है, जिस से दूर हर मछवारा दौड़ा जा रहा है।

ऐ समुंदर, लोग कहते हैं तू बड़ा चंचल है, पर तू तो उस शांत आत्मा सा है, जो स्वर्ग सिधारने ही वाली हो। पर ये हवा, ये हवा मुझे ग़लत साबित करना चाहती है। अपने अंदर भरकर इतना ग़ुस्सा कहाँ से लाती है। पर ग़लती हवा की भी कहाँ, वो बेचारी भी तो ज़मीन से आती है।

ऐ समुंदर, हमारा स्वभाव मिलता जुलता सा है। भला आसान थोड़ी होता अपनी कहानी, अपने अंदर छुपाए रखना। तेरी गहराईयों में ऐसा क्या राज़ है, कि मजबूरी है तेरी सतह पर मुस्कान बनाए रखना। तुझमें कोई कमी है ही नहीं, बस अंधों को मोतियों की जगह त्सुनामी नज़र आती कि नदी चाहे जितनी मैली हो, वो माँ अपने बच्चे को तेरे करीब जाने नहीं देती, तेरी खूबसूरती उसे क्यों डराती है।

तेरी गुस्सैल लहरों में मुझे एक शिकन नज़र आती है, क्यूं मेरे जैसे पापी के पाँव छूकर वो चली जाती है। पर अपने आप से इश्क़ करना तो कोई उस लहर से सीखे, जो खुदी से उभरकर खुदी में डूब जाती है।

पैरों से ज्यादा छाले ज़मीन पर हैं, अब यहाँ चलने का मन नहीं करता। मेरी मोहब्बत तुझमें समाई है, उसने मेरे लिए द्वारका सजाई है। मिलने जाना है उससे,डूबा लेना। आज मीरा को मुरली की याद आई है।

पर देख न ज़िंदगी की शाम होने आई है, संधली धूप तेरी स्तह पे निलाम होने आई है। या यूँ कहूँ कि अपनी किसी बिछड़ी किरण को, रसातल तक ढूंढने आई है। इससे पहले कि वो पाताल की गहराइयों में खो जाए, उसे बता देना उसके नाम से एक चिट्ठी आई है। मुसाफ़िर होता तो तुझमें चलता चला जाता, पर कुछ ज़िम्मेदारियाँ हैं मेरी, घर परिवार और कुछ बेमोल, यारियाँ हैं मेरी।

लहरों से कह दे कि शोर मचाएं, मेरी सिस्कियों की आवाज़ उन तक पहुंच न पाए। ऐ समुंदर, तू मुझे मेरे होने की उम्मीद देता है, तू प्यास तो नहीं बुझाता, पर तू ही तो बारिश की नीव होता है।

जाके ज़मीन को एक बात बतानी है, कि समुंदर ने कहा है, तुझे उसकी ज़िम्मेदारी उठानी है। हो चाहे कितनी भी क्रूर ज़िन्दगी, सतह पर धूप की तरह मुस्कुराकर बितानी है।"

> -शगुन गुप्ता CSE (8th semester)





You can call her mother, the Matriarch or the other But for me, she is the silent and vast sea, Which takes her turbulent, calm and sad rivers in But never disowns them.

She is the morning *kadak chai* made to perfection.

She is the heat and fragrant fumes of the kitchen,

Which is lovingly doled out with optimum affection.

She is a honey bee, for she stings,

But laboriously stores all the sweetness for me.

She is the hurried eye movements

Which seek to read my every emotion.

Despite all my Nos she is my easiest Yes.

She is my favorite cozy sweater and the winter sun.

She is all ears when I am in tears.

She is my hearth which burns herself

To see the glint in my eye

And the crimson warmth on my cheeks.

She is all silence but stealthy admiration,

She is all criticism and rare appreciation,

She is the kala tika behind the ear,

She is our bills paid,

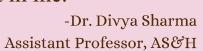
A jewelry piece desired but never made.

She is the walls which she lovingly adorns

And confides in them to make a place called home.

She is the bed time story and the lullaby

That many a time implored and evoked the poet in me.



ऐ राही

राही है तू जिस पथ का, उसकी मंज़िल अभी भी दूर है..

ना रुकना कभी, ना झुकना कभी, उसे पाने का बस यही दस्तूर है..

घबरा कर तू जो कहीं रुक गया, उस मंज़िल का चिराग कभी न जल पाएगा..

वहाँ रखे अनमोल खज़ाने को, फिर शायद ही कोई हासिल कर पाएगा..

तेरे पथ पर न जाने कितने हैं राही, जो तुझे अक्सर पास बुलाते हैं..

जाने अनजाने में वो तुझसे बस झूठी प्रीत लगाते हैं..

पर यहाँ न कोई हुआ किसी का, कुछ लोग (महान) अक्सर समझाते हैं..

तेरा हिम्मत जोश जगाते हैं, तेरी मंज़िल की राह दिखाते हैं..

जो राही है अब रुके हुए, उनकी मंज़िल थी बस यही कहीं..

शायद उन्हें और कहीं अब जाना नहीं..

देख उन्हें यूँ खड़े राह में, तू संग उनके रुक जाना नहीं..

छोड़-छाड़ के उन सब को, तुझे बस आगे बढ़ते जाना है..

चलते-चलते इसी राह पर, फिर अपनी मंज़िल को पाना है..

ऐ राही तुझे बस चलते जाना है, आगे बढ़ते जाना है..

तुझे आगे बढ़ते ही जाना है..

ना गया कभी जिस राह कोई, उसमे कैसे आगे जाऊंगा..

खो न जाऊं बीच अधर में, यह सोच कर अक्सर मन घबराएगा.. डरना नहीं कभी थमना नहीं, तुझे बस आगे बढ़ते जाना है..

हिम्मत मेहनत और लगन से, एक नया पदचिह्न बनाना है..

तुझे आगे बढ़ते जाना है.. हाँ राही बस आगे बढ़ते जाना है..

ये तमाम खुशियाँ झूठी हैं, तुझे तेरी मंज़िल से भटकाती हैं..

दे झांसा चंद रोशनी का, गर्तअंधेरे में ले जाती है..

मत भूल अभी तक तुझे एक नया चिराग जलाना है..

छुपा खज़ाना जो तेरी मंज़िल पर, उसे दुनिया के सामने लाना है..

पहुंच तुझे अपनी मंज़िल पर, एक नया इतिहास बनाना है..

ऐ राही तुझे आगे बढ़ते जाना है, बस आगे बढ़ते जाना है...

तेरे पदचिह्नों पर चलते चलते किसी दिन, ये जमाना भी उस मंज़िल तक आएगा..

भूले भटके पथिकों को, एक नया आशियाना मिल जाएगा..

लेकर दुआएँ उन सब की, तू इतिहास में अमर हो जाएगा..

आने वाले कल का महान सितारा बन के जगमगाएगा......

.....और शायद इस तरह एक मुसाफिर का सफर पूरा हो जाएगा...।

> -Er. Munish Patial Assistant Professor ECE

Tales

FAMILY

To different people, family conjures vastly different meanings. For some, it is a sanctuary of joy and a treasure beyond compare, while for others, it can feel like an anchor, heavy with obligations and pain. Life's experiences, often leaving indelible scars, shape our perceptions—sometimes transforming what should be a haven into a battlefield.

Shweta, an orphan at a bustling Delhi orphanage, had long since learned to redefine family. Her closest friends became her kin. The caretakers often reminded the children, "This is your home; we are your family until someone comes to take you away." But Shweta wrestled with the concept. "Why can't we just stay a happy family together? Why must love hinge on blood?" she often mused. The adults would smile gently and reply, "You'll understand when you find your forever family."

The orphanage was no ordinary place, and Shweta, along with her inseparable best friend Nitiksha, was renowned for her spirited pranks and effervescent laughter. At eleven years old, the two were a mischievous duo, lighting up the lives of those around them with their boundless energy. But one day, the unthinkable happened —Nitiksha was selected for adoption. The walls of the orphanage reverberated with tearful goodbyes and promises to stay connected, no matter the distance.

Days stretched into weeks, then months, with no word from Nitiksha. Shweta vacillated between worry and reassurance, convincing herself that her friend must be engrossed in her new life. Then, out of the blue, came a call filled with sobs that cut through her like a knife.

"What's wrong?" Shweta asked, her heart sinking. "Are you missing me, or are you bracing for one of my scoldings?"

"N-no," Nitiksha stammered through her tears.
"It's awful here. I'm not treated like a daughter
—I'm a servant. I clean, take care of others, and suffer in silence with the other girls."

A wave of disbelief and anger surged through Shweta. "That's exploitation! That's child labor!"

"Yes," Nitiksha cried. "I hope you find a family that's different... a family that truly loves you."

From that moment, Shweta's joy at the prospect of adoption was replaced by a gnawing dread. When her turn came and a family—a compassionate lawyer and a savvy businessman—chose her, she braced herself for neglect and mistreatment. Yet, to her astonishment, the days unfolded with genuine warmth and care. Slowly but surely, the icy barriers around her heart began to melt.

However, even the tender embrace of her newfound family couldn't erase Nitiksha's plight from Shweta's mind. Summoning her courage, she confided in her adoptive mother. Her mother, a woman of unyielding resolve, took up the cause. Delving into the murky shadows of child labor hidden behind the guise of adoption, she waged an unwavering battle for justice. Her determination culminated in the exposure of a sordid network and the liberation of countless children.

When Nitiksha was finally rescued and returned to the orphanage, her reunion with Shweta was a catharsis of joy and gratitude. Tears flowed freely as the two embraced, the weight of separation and suffering dissolving in that poignant moment.

But the story didn't end there. Shweta's parents, moved by the bond between the two girls, made an extraordinary decision—they adopted Nitiksha as well. Though the scars of her past took time to heal, Nitiksha slowly began to bask in the warmth of a true family.

Together, Shweta and Nitiksha discovered what family truly means—a connection that transcends bloodlines and endures through life's tempests. Though they faced their share of challenges, their bond remained steadfast, fortified by their mantra: "One for All and All for One." This unyielding love became their compass, ensuring their hearts would always be each other's home.



College Fashuon

HOW YOUR STYLE CHANGES (OR STAYS THE SAME) FROM FIRST TO LAST YEAR.

FIRST YEAR:

You step into college, excited and ready to show off your fashion style. Your wardrobe is full of trendy clothes that say, "I'm here to rock college life!" Every day feels like a new chance to dress your best. You put on your coolest jeans, fresh sneakers, and well-matched shirts. You pick your outfits with care and confidence, making sure you look your best whether it's for class, the canteen, or just walking around. You walk through campus like it's your own fashion runway. People notice your style and your confidence shines bright. You feel proud, stylish, and ready to take on anything "one outfit at a time!"

SECOND YEAR:

The Wow, I'm Dressed" Vibe, now you've got it down-it's all about rolling out of bed in whatever's Iying there. Pyjamas? Totally cool Re-worn yesterday's outfit? Why not! You've hit peak efficiency: minimal effort equals max survival mode. Dressing up? That just means sporting a shirt hat's only a little wrinkled. Your closet has turned into a museum of memories, filled_ with clothes that don't fit or make you cringe now. But hey, it's senior year! Comfort rules now, & just getting to class feels like a win.

THIRD YEAR:

The Minimalism Pro, Laundry Day? More like a suggestion now! Your wardrobe has turned into just the must-haves: two jeans, a few t-shirts, & that one beloved sweater worn every week. It's all about less is more. Mostly because your clothes are kind of dirty and also because you simply too busy to worry about it. Gone are the days of styled hair it's all about tossing on a cap and calling it a day.

FINAL YEAR:

Some Things Stay the Same, your fashion journey began with big dreams but college shows you how nice simplicity can beor sometimes just embracing relaxation is enough! The shift from freshman flair to senior chill is all about discovering yourself In the end, remember that the only opinion that counts is yours! If you can survive college Life bloopers included, you can handle anything-even if it is in sweatpants!

-Latasha CSE (6th semester)

PINS OF COMFORT

In the heart of my home, where whispers of her voice wove through the walls, lay a hidden sanctuary known only to those in dire need. It was a place where the weary and the wounded, both man and beast, found solace and healing. This was my dog, where compassion bridged the gap between species, and where every soul, regardless of form, was treated with unwavering kindness.

A girl, consumed by her busy life, decided to get a dog to guard her house. Initially, their bond grew strong; she found unexpected joy in the dog's company, and the dog, in turn, adored her. Every evening, the dog waited eagerly by the door, tail wagging, eyes full of unconditional love.



But as her responsibilities increased, the time she spent with her loyal companion dwindled. She became ensuared in the pressures

of her work and personal commitments, leading to a string of failures that left left her feeling defeated. Her once-bright spirit dimmed, and she became a shadow of her former self—lonely, anxious, and disconnected from the world around her. The dog, still waiting faithfully each day, began to sense the shift, feeling the weight of her absence.

Her personal life began to crumble under the stress of her many struggles. Desperate for understanding and comfort, she turned to friends and family, seeking solace. Yet, their responses were often filled with judgment or hollow advice, leaving her feeling even more isolated. Her heart ached for someone who would simply listen and offer warmth without expectation.

One particularly gruelling day, after facing rejection and criticism, she returned home feeling utterly broken. As she opened the door, there was her dog, waiting as always, with eyes that sparkled with joy at her presence. She sank to the floor, and the dog immediately snuggled up to her, offering silent, unwavering support. Tears streamed down her face as she began to share all her troubles, pouring out her heart to the one being who would never judge her.

In that moment, she realized the depth of the bond they shared. The dog's gentle presence and unconditional love provided the emotional support she had been longing for. Sometimes, she reflected, we seek care and happiness from those around us, but often we receive it most purely from our animal companions, who love us without prejudice or expectation.



Group Projects: Academic collaboration or Social torture!

Group Projects are the good and bad side to our college life. They are meant to help you improve your social, teamworking and problems confronting capabilities. But most of the time, you just end up asking yourself, 'what is this teamwork that I am supposed to be trying to practice as I do most of the work single—handedly and at night when everyone is asleep?'

The Fantasy

Scene one: You and your classmates are sitting in a classroom and working on a shared document. Just like a dream team, genius ideas are flying from everyone. Everyone has their own role and you leave with an A+. Lovely, isn't it?

Ha! A rude awakening.

The Reality

What generally occurs is this: A teacher makes an announcement, "Group project," and that instance, you are suddenly feeling ill. All possible scenarios and details rush past your mind: Am I going to be paired up with Vivek who has been absent since day one of classes? Or what is worse, the one whom you've issues with in past? I always wish Malini to be on my team as an assurance token, that our project will be completed given the variety of group members in our team.

Group Members

Well, we would like to analyse the group members in detail:

Vivek (The Ghost): He is just like the ghost of Pragatinagar, talked by many, seen by none. Just kidding, he is there, at least in the WhatsApp group. He was allocated to my group but I haven't seen him at all, though his name is listed in the final submission. Maybe he's just all there for the sake of friendship:).

Jaspreet (The sweet guy): He's like the sweetest kid any parent wishes for. Of course, he does all the things which he's told to do. He's so innocent and sweet that you can't even criticize him on his mistakes.

Malini (The hard worker): She assumes her role as the babysitter of the group. She would be taking most of the work to herself to make the group project a success story. She makes everyone stress free and mildly active. But don't ever try to test her temper, you'll regret it:).

Supender (The Idea Generator): He's full of Netflix and chill ideas. He comes up with the wildest ideas about the project which will never get executed (like the blue brain). He's one of the people that try to find their way out of all the work by providing the most stupid ideas.



Sarthak (Me): You can call me the procrastinator, as deadline is my middle name. Yes, I do all the work I'm assigned to, but just before the 10 minutes before the deadline. I have to be provided a constant reminder that no one's gonna do the work for me! Even the very reason I'm writing this article the last night before submission, because Malini did her best with her persuasion skills.

The Meetings

Setting a group meeting becomes a definite exercise in political management. You'll suggest dates, everybody will agree to it, and half the attendees would 'forget'. And some of them text a 'sorry, can't make it' after you have already appeared. Those who turn up will spend almost the entire time whining about the project instead of getting down to work

spend almost the entire time whining about the project instead of getting down to work.
"I still don't see any reason as to why this project is even important," says Supender looking at Instagram reel seeking 'inspiration'. Malini tries to offer help too, but then gets lost in a cooking video.

At the end of the meeting, you find yourself with the sum total of ...yep, nothing whatsoever.

The night before 'the' deadline. This is the time when the whole miracle happens. You've got a whole project in your hand and you've to do it all in this lovely long night. Regularly, your email gets bombarded with end-of-day miracles from people who promised they were 'on it all week.'

The Grades

Finally, when the grades come out, the last dreadful shame surfaces. Somehow, quite miraculously, your group has managed to pass. And The Ghost is the first one to address the group with excitement in the group chat. "Ayy, we did it, guys!" they type as if they were that critical part of this miracle machine.



Collaborative Activity Vs. Torture Process:

So, group projects then, what are they? Academic collaboration or social dystopia? To be completely honest with you, they are a little bit of both. They are a crash course on who is in charge, how patient one can be and what does crisis management entail. But then again, maybe if you made it, well, you're better suited to cope with the scary real world for future practical scenarios.

Just know that the next time you hear these two words: "Group project." Get ready for a roller coaster ride.

CAFFEINE ADDICTS VS TEA DRINKERS: WHO'S REALLY WINNING THE COLLEGE LIFE?

Oh, college life! There goes the sweet salad of education, interaction, and sleepless nights. If college were a game, we'd all be playing it on "Hard Mode," surviving thanks to a singular power-up: caffeine! However, hold that thought; two warring factions exist—the Espresso Elite and the Zen Tea Sippers—each using their strengths to navigate college life. So, who's actually winning this deadly game.

Round 1: The Morning Rituals

Coffee drinkers can only step out of bed after absorbing their first dose of caffeine. They're the half-zombies, barely standing because of that morning coffee shot. They can work all night and still be sleepy yet somehow awake all day. Their eyes are heavy, but their mugs are always full.

On the other hand, we have the tea drinkers—the Zen class. They dip their tea bags gently, perhaps do some yoga, sip on chamomile, and seem to have achieved inner peace. They look more like they're waiting for a meditation retreat than prepping for a 9 AM lecture.

Winner: Coffee drinkers take this round for their adrenalinepumping determination. Tea drinkers are still too busy searching for their zen.

Round 3: Group Project Survival

During group projects, coffee lovers initially take the crown. They start like a bullet, fueled by triple espressos, finishing entire chapters while others are still deciding on the font. They're the ones scheduling late-night meetings and submitting sections at 3 AM. However, they often go MIA after the coffee boost wears off.

On the flip side, tea drinkers bring their calm to group projects. They adopt a slow and steady approach, reassuring everyone that "we're going to nail this," while the rest are panicking. Their presence provides welcome relief amid the chaos, though their calm can sometimes be a little too laid-back.

Winner: Coffee addicts emerge victorious in the initial frenzy, thanks to their enthusiasm and aggression.



Round 2: Productivity Wars

Coffee drinkers always overachieve in the first hour. They finish an entire term paper in a caffeine rush, their hands moving even before their brains send any signals. But oh, that feeling after coffee! The initial "I can do anything" quickly shifts to "I just wanna sleep."

Tea drinkers, however, are the tortoises in this race. While their classmates fall victim to coffee jitters and hesitation, the tea folks work steadily through their tasks. Their output may be mellow, but it's always consistent. They look far more composed than someone who has downed five cups of coffee.

Winner: Tea drinkers. While they may be slower, they always complete what they start without the frantic spinning that often follows a coffee high.



Round 4: Health Matters

Let's face it: coffee serves its purpose during our college years, but "healthy living" isn't usually on anyone's radar. Between jittery hands, heart palpitations, and stomach issues, it often feels like an abusive relationship.

Conversely, tea drinkers sip their herbal drinks that claim to cleanse, soothe, or even improve lifespan (or so they say). While coffee drinkers battle fellow students for library space, tea drinkers seem to be heading toward a longer, healthier life.

Winner: Tea drinkers. There's no contest here. Coffee drinkers, we may be the daredevils of society!

Final Verdict: Who's Winning?

In this never-ending tug-of-war over who's winning at college life, the answer depends on your goals. If you want sheer speed and caffeine-fueled bursts to meet pesky deadlines, coffee drinkers take the crown. But if you're playing the long game with health, stress management, and balance, perhaps tea drinkers have already discovered the cheat code.

In my opinion, it doesn't matter whether you're an unpredictable coffee chugger (like me) or a slow and serene tea sipper. We're all just trying to survive college... "one sip at a time."

THE UNFORSE EN

The initial year at ABVGIET was a tapestry of excitement and trepidation. As a fresher, the humongous college campus felt dauntingly vast. I waited for friends with hope in my heart. Amidst all this uncertainty, one thing that made me feel at home was a boy from my village. His charisma was evident, and it wasn't long before he managed to strike up some friendships while I was still looking for a place to stand.

He proposed a weekend trip to the serene Hatkoti Temple near Rohru—an oasis from the hyper-speed of college life. In our group were six young women and three men, including him and me. Though it was my first attempt to engage with most of them, the excitement in my mind for the trip was palpable. It was during this trip that I met her for the first time. Even though we were friendly that day, I wouldn't say we became friends; she was simply one of the girls in our group. Yet there was something different about her, as if we were bound to connect.

When I returned, classes and campus life resumed as usual. One afternoon, while my friend and I savored a plate of momos at the college canteen, I saw the familiar group of girls from our Hatkoti trip wandering outside.

Before I could say anything, she audaciously snatched a momo from my plate. I stood there, trying to process the moment because the boldness of her action caught me off guard, yet somehow it felt refreshing as she confidently reached for another. Though surprised, I couldn't help but smile; her spontaneity was invigorating, and that small act broke the ice between us.

From then on, our interactions began to grow. We started with casual talks that gradually deepened into discussions about our desires and achievements in life. Over time, our friendship solidified, and she became the first true friend I made at ABVGIET.

Now that I have just completed my third year in this college, I look back at how this treasured friendship has gradually stemmed from a simple, casual moment shared over momos. Along with that small treat at a humble shop on campus, we have navigated the challenges of college life together, supporting each other through countless ups and downs. Many memories I have made here at ABVGIET will remain cherished, but there's something distinct about the serendipity of finding that true friend—an invaluable companion on my journey.



FROM CHALKBOARDS

to Conversations

Study Tips

As an experienced teacher at ABVGIET in Pragatinagar, I've observed a lot over the years, and there are some important study tips I want to pass on to future batches. Consider these a mix of wisdom, wit, and a little tough love!



Stop Being "the Night Owl"

·I know, you think you're a genius at 3 AM, with a coffee in one hand and blurry notes in the other. But trust me, you're not retaining anything. Study during the day when your brain is functioning at 100%. The 3 AM "enlightenment" is usually just a fog.

Classroom Sleeping is a Myth-You're Not Absorbing by Osmosis

Some of you sit in class, head down, thinking if you just sleep through the lecture, you'll somehow absorb the knowledge. Guess what? You won't. Sit up, pay attention, and save the nap for later





Consistency Beats "Last Minute Miracles"

You're probably used to pulling off a few allnighters before exams and scraping by. But you can't rely on these miracles forever. Instead, pace yourself. Study a little every day. Future-you will thank you when you're not in panic mode during exams

Group Study is for Studying, Not Social Media Scrolling

I've seen your "group study sessions." You know, the ones where you spend 15 minutes studying and the next 2 hours scrolling Instagram and ordering snacks. Keep it real: if you're doing group study, actually study. Your CGPA will thank you later



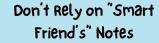
the Lab Isn't a Playground

·I've seen some of you using the lab more like a comedy show, with no attention to the experiments. The lab is a critical part of your learning. Actually try to understand what's happening instead of just messing around with the equipment



Ask Questions, Don't Pretend You Know It All

Don't be that student who nods like they understand everything when they don't. Raise your hand, ask the question. Your classmates will silently thank you for it too



You all know who I'm talking about—the one friend in class who's always on top of things. You think you can survive by borrowing their notes a day before the exam. Newsflash: that friend isn't your savior. Take your own notes and get ahead



Study

Tips



Don't Memorize, understand

I've seen way too many of you trying to memorize entire books the night before the exam. Memorization will only get you so far. Focus on understanding the concepts—that's what will get you ahead in both exams and in life



Self-Care Isn't Just for "Weaklings"

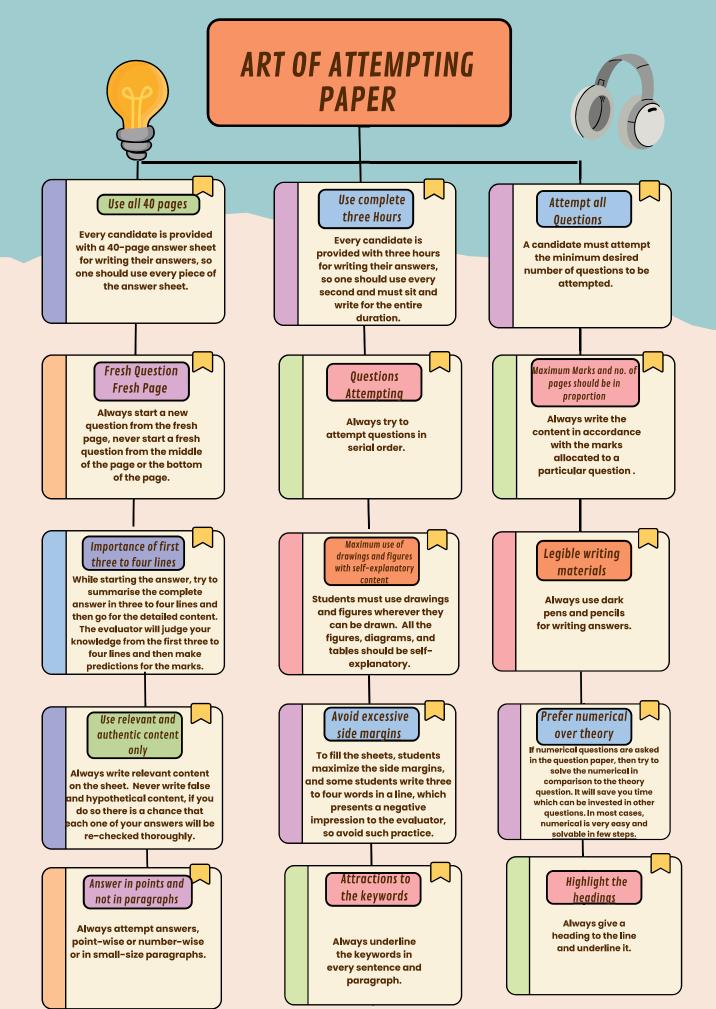
You think burning out makes you a hero, but it doesn't. Take breaks, eat properly, and get enough sleep. Mental and physical health are key to surviving these years and emerging with both knowledge and sanity

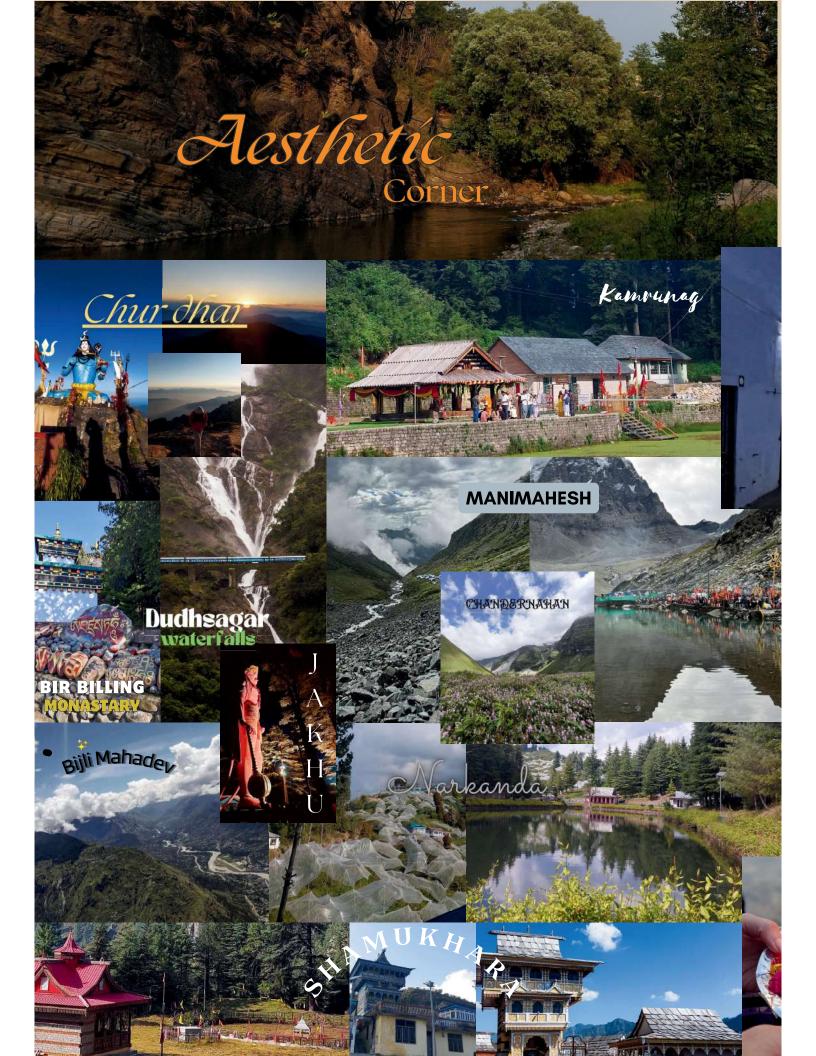


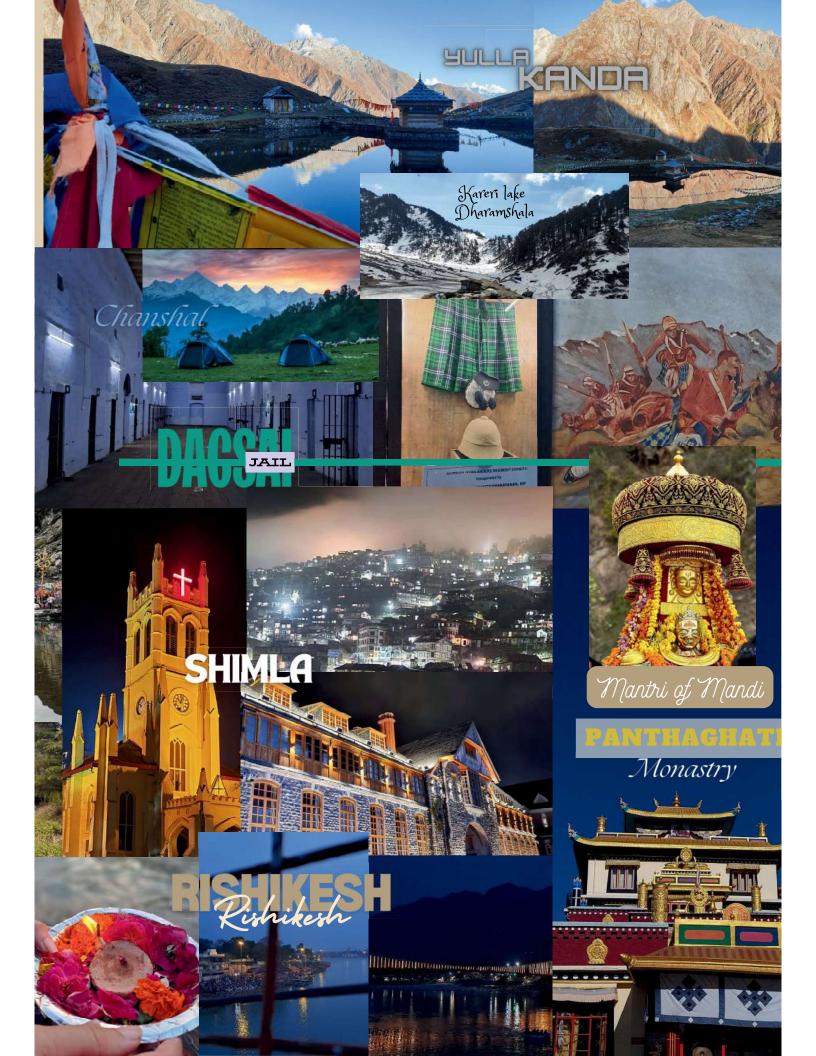
Procrastination is a trap, Escape It Early

trust me, procrastination feels good at the moment, but you're only delaying the inevitable and doubling your stress. Start early, finish early, and then binge-watch your favorite shows guilt-free

In the present batches, I've seen a lot of last-minute stress, lack of focus, and far too many sleepless nights. But for the future, I hope you break this cycle and take these tips to heart. Be smarter, not just in the classroom but in your approach to learning as well. You've got the potential, so use it wisely!

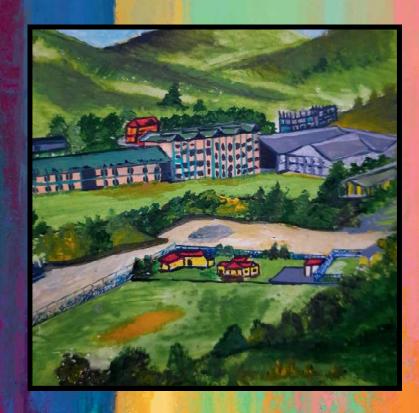












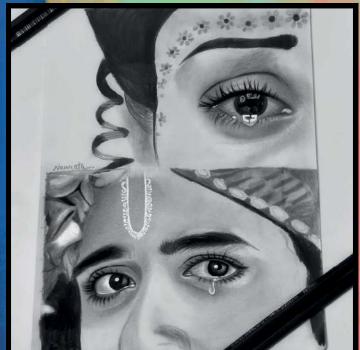
Shagun Gupta, CSE 8th sem





Maliniansu Thakur, OSE 8th sem







Namrata Jaswal, CSE 8th sem





Tanvi, CSE 4th sem







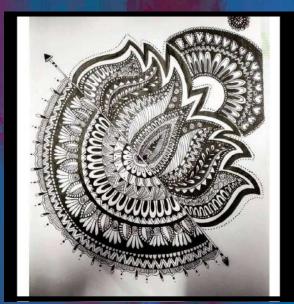
Shagun, CSE 8th sem





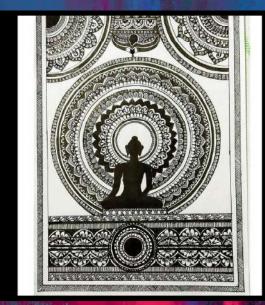


Sarika Sharma, OSE 8th sem





Disha Sharma, CSE bth sem

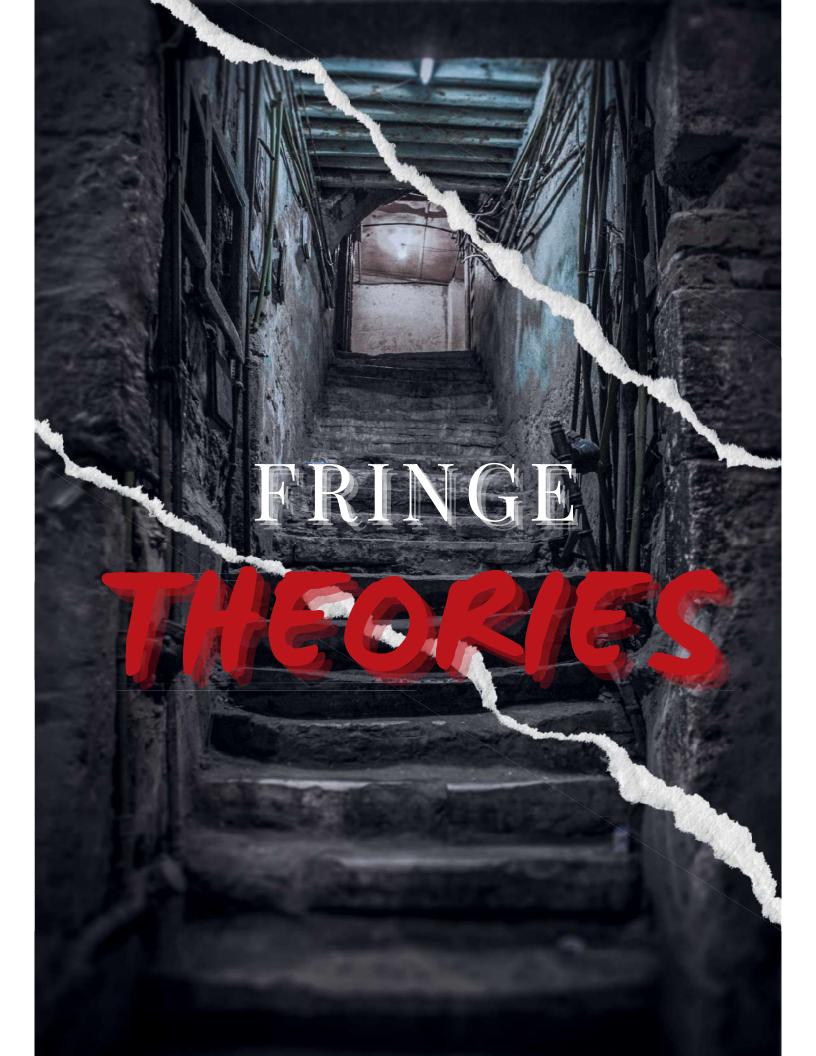








Sarthak Kaul, CSE 8th sem



THE SIMPSONS: Predicting the Future with Side-Splitting Accuracy

Over three decades, The Simpsons has become more than just a popular animated series; it has transformed into a purely improbable oracle of pop culture and current events. The sharp satire, and irreverent humour combined with its uncanny ability to foresee future happenings has captured the hearts of many people around the world. From technological developments to political situations, The Simpsons has come up with some jaw-dropping predictions that later happened. Let's see some of these great moments and expand on the magical "why" behind their intuition.

1. The Smartwatch Revolution (Season 5, Episode 2: "Cape Feare")

One particularly memorable shot in "Cape Feare" has Bart and Lisa wearing an early incarnation of what is best described as a smartwatch. This futuristic device is handled so matter-of-factly by the two kids that it is almost easy to forget you're looking at something from 1993. Fast forward to 2015, and smartwatches have themselves become an extension of our daily routine where we keep tabs on our health, receive all manner of notifications, and even make calls from our wrists



This isn't serendipity-the writers of the show have some wonderful knack for feeling the trend before they actually begin to come in. By mixing fairy tale-like storytelling with regular scenarios, the show gives lighthearted and insightful preview into what our future might look like.

It explains why creative teams often take cutting-edge tech from their own time and extrapolate it into the future. Ability to envision gadgets in playful ways allows them to engage both the tech itself and the societal implications of its coming. In a way, they're cultural fortune tellers who shape narratives that challenge our understanding of the possible.

2. President Lisa Simpson (Season 11, Episode 17: "Bart to the Future")

"As president, I will be dealing with the budget crisis," quips Lisa in a joke that is a comedic lead-in and a reflection of the broader themes of the series. This line actually foreshadowed the historic election of the female president, something that did indeed become reality in the 2016 U.S. presidential elections. The juxtaposition of the fictional aspirations against real politics lends irony to the statement and makes it resonant.



Why It Happens: The authors are good at the boundaries of society, using satire to explore moments of progress and change. Here, putting characters in positions of power and expecting audiences, at least, to imagine such things happening as inevitable makes satire interesting yet hopeful. Then, this union between comedy and hope becomes entertaining and inspiring, reflecting the changing gender and politics of our society.

3. The Walt Disney-Fox Merger Season 10, Episode 5: "When You Dish Upon a Star



In the background, there's a sign that briefly indicates corporate machinations behind the glamour of Hollywood-film, gently satirizing the industry. Jump forward to 2019: Disney's taking of 21st Century Fox becomes one of the biggest media stories of the decade, celebrated by some if not all, raised questions of monopolization, and what was to become of content creation?

Why It Happens: The authors, in general, possess a prophetic sense of business trends and what lies in the nitty-gritty of corporate America. In exaggeration, they hit the zeitgeist, where fiction often preannounces real world dynamics. This insanity that the show represents is a reminder that the entertainment world is no different from twisted fates lining their stories.

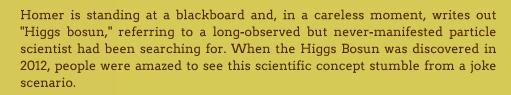
4. The Trump Presidency (Season 11, Episode 17: "Bart to the Future")

One of the most oft-discussed prophecies is when Lisa reveals that she's having trouble keeping track of her budget since "President Trump." A seemingly innocuous line took on a life of its own when the reality star turned real estate mogul became president in 2016. The writers had just constructed a possible scenario that seemed impossible at the time, yet it expressed much of the current chaos of politics.

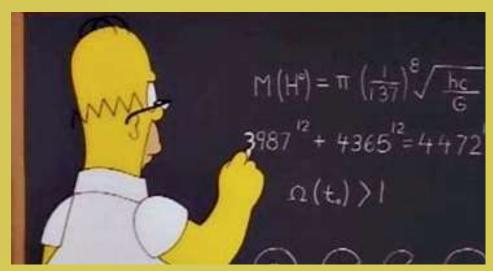
Why This Is Happening: The Simpsons remains an extension of the mirror reflecting the fears and absurdity in society. Using comedy and parody to address such serious themes as that dealt with in this show are akin to depicting the uncertain nature of leadership and governance on show in its satire and reality. Satire and reality are therefore intertwined as a distinctive stamp of the function of the show as a cultural commentator.



5. The Higgs Bosun Particle (Season 10, Episode 2: "The Wizard of Evergreen Terrace")



Why It Happens: The writers combine ridiculous scientific facts with good humour as they demonstrate their knowledge in comedy and intellectual research. The touch that this creates in writing so much comedy with intellect makes the predictions feel both irresistibly funny and jarringly accurate. Reaching out to complex issues, the scientists invite their viewers into serious thinking with every laughter.





The Simpsons continues to captivate audiences with far more than just its excellence in comedy. Its uncanny knack for foretelling events yet to come solidifies its status as a cultural icon. By intertwining sharp satire with insightful commentary, the show serves as a delightful reminder of how closely art mirrors life. The creators, akin to jesters and prophets, illuminate the potential outcomes of our choices while highlighting the absurdities of existence.

So, the next time you tune in, keep an eye out for those subtle hints—who knows what incredible prophecies are lurking just beneath the surface? What will The Simpsons reveal about our future next?



Behind the Veil of Royalty: Power, Betrayal, Death

The untimely and tragic death of Princess Diana on August 31, 1997, in a Paris car crash remains one of the most emotionally charged and controversial events till date. Dubbed the "People's Princess" for her humanitarian work and public charm, Diana's life and death have been the subject of intense speculation, fueled by her turbulent relationship with the British royal family and her estranged husband, Prince Charles. Was it merely a tragic accident, or was something more sinister at play? The mystery surrounding her death continues to ignite conspiracy theories, raising uncomfortable questions about the involvement of powerful forces.

Official Narrative

The official inquiry into Diana's death, known as Operation Paget, concluded that it was an unfortunate accident caused by a combination of factors. On the night of the crash, Diana, her companion Dodi Fayed, and their driver Henri Paul, attempted to evade the paparazzi in a high-speed chase through the Pont de l'Alma tunnel.



investigation determined that Henri Paul, who was found to have been driving under influence of alcohol prescription drugs, lost control of the vehicle, causing the fatal crash. The car, speeding at nearly 65 mph, collided with a pillar inside the tunnel, killing Diana, Dodi, and Paul instantly. The final report dismissed any foul play, attributing the crash to reckless driving, intoxication, and the harassment of the paparazzi.

A Web of Deceit?

While the official verdict might seem plausible, a vocal contingent of theorists -led by Dodi Fayed's father, Mohamed Al-Fayed—has consistently rejected this narrative, instead suggesting Diana's death carefully was orchestrated assassination. Al-Fayed has long maintained that the British establishment, including Prince Philip and the royal family, conspired to murder Diana and his son Dodi, motivated by a desire to prevent the Princess from marrying a Muslim and potentially becoming pregnant with his child.

Diana herself had expressed fear for her life in the months leading up to the accident. In a now-infamous letter written to her former butler, Paul Burrell, Diana confided, "My husband is planning 'an accident' in my car, brake failure and serious head injury." The foreboding tone of this letter has led many to believe that her death was no coincidence. Further fueling suspicion is the curious behavior of the security services and the rushed embalming of Diana's body, which some claim was done to obscure a potential pregnancy. Moreover, questions linger about the role of the paparazzi, who were chasing the car, and the failure of the surveillance cameras in the tunnel, which were mysteriously switched off at the time of the crash. Were these mere coincidences, or were they part of a larger cover-up?

Truth Cloaked in Shadows

Twenty-seven years later, the death of Princess Diana still resonates, with every detail scrutinized and dissected in the pursuit of the truth. While the official story speaks of a tragic accident, the persistent aura of mystery and the unresolved questions have kept conspiracies alive. Could it be that the British royal family, long haunted by scandal and desperate to preserve its image, orchestrated Diana's demise to protect the monarchy from further embarrassment?

Perhaps we may never know the full truth, buried as it is beneath layers of conflicting testimonies, government investigations, public suspicion. But one thing remains certain: Diana's death was not just the end of a life but the birth of an enduring enigma. Whether it was a conspiracy or a calamitous accident, circumstances of that fateful night have been cloaked in a veil of uncertainty, a veil that may never be lifted.

And so, the world is left with an unsettling thought: What if the most beloved woman of her time, who was supposed to redefine royalty, was silenced by the very institution she sought to escape? The echoes of her tragic death linger, leaving us to ponder if we are forever doomed to gaze into the shadows of a mystery that refuses to die.

-Heena

CSE (6th semester)

Did We Ever Really Land on the Moon? A Starry-Eyed Reflection

As Apollo 11 approaches its 55th anniversary, let's take a moment to float back to that magical day: July 20, 1969, the first day humankind ever walked on the moon. Imagine it: Neil Armstrong, Buzz Aldrin, and the world held its collective breath as they etched history. To many, it remains the greatest achievement humanity has ever accomplished. As we gaze out into the cosmos, though, there are still whispers of doubt echoing through the corners of the internet. Did we really go to the moon? Let's look up at those stars and ponder a little.

The Cosmological Context

The moon landing was much more than a scientific ambition in the heated space race between the U.S. and the Soviet Union. It was, after all, a testament to the intrinsic human impulse to explore the unknown and reach beyond our earthly bounds. It was not only for America; it was a leap for humankind, an invitation to dream bigger.

Evidence That Sparkles

Now, let us talk about proof. The Apollo missions were not just fantasies for dreamers but a gigantic effort by thousands of brilliant minds—engineers, scientists, and technicians—believing in the impossible. They recorded everything: photographs, videos, telemetry data. Those images of the lunar module descending to the surface are breathtaking, capturing the very essence of adventure.

And then there are the moon rocks. Ah, they're special, all right. An international army of scientists scrutinizes these samples to tell a tale beyond the ability of earthly materials. Every little speck carries fingerprint identifications from the moon—a cosmic journey that cannot be doubted.

Setting the Skeptics Straight

But amidst all this magic, dust in the lunar wind thrives—sound, secular conspiracy theories, as shadows linger, suggesting something is amiss. Experts have long tried to explain how light on the moon creates illusions. All this is part of the dance of light and shadow in a world unlike our own. Let's not forget the Soviets, who were watching. If there had been a whiff of a hoax, they would have pounced on it. Their silence speaks volumes about the truth of our lunar escapade.

A Cultural Legacy

The moon landing was not just a historical event; it also brought about a new culture. It initiated an endless fascination with space and prompted generations of engineers, astronauts, and dreamers to reach for the stars. The legacy of Apollo 11 is woven into the fabric of our collective imagination, reminding us that exploration is truly within our DNA.

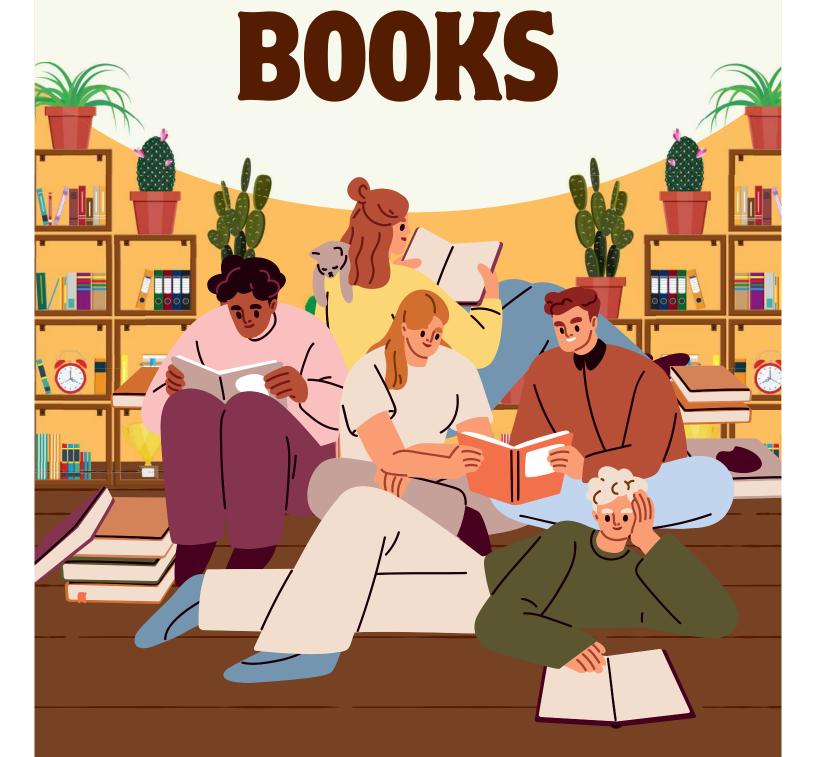
A Look Toward the Future

As we look back, we should also look up. In a world where information spreads like wildflowers, let's be wise and seek what is right and true. Here is brilliance epitomized: the moon landing celebrated human ingenuity, an expression of what we can achieve when we dare to dream. So, as we gaze into space, musing upon our place in the universe, let us not lose that spirit of discovery and wonder. And now we're off into the void of cosmic wonder, with more to come.



-Sakshi ECE (4th semester)

BESIDES THE



NATIONAL DISCIPLINE

CADET **CORPS**

In Oct. 2023, institution received the permission to start The National Cadet Corps NCC (Army wing) in the campus for B. Tech and Polytechnic students. The National Cadet Corps (NCC) at Atal Bihari Vajpayee Government Institute of Engineering and **Technology** (ABVGIET) Pragatinagar, has played a pivotal role in contributing to various activities campus events. The NCC unit has instrumental been ensuring discipline, organizing events, and participating in activities promote responsibility and national integration. This report highlights the key contributions of the NCC at ABVGIET, focusing on major events such as the visit of the Honorable Technical Minister and the SVEEP (Systematic Voters' Education and Participation) Electoral activities by the Election Commission



SERVE THE NATION **SELFLESS SERVICE**

COMRADESHIP



FOULTURAL CLUB

Extracurricular activities are an effective alibi that helps refresh students, who usually get stuck between classes, examinations, and libraries. It is through dance, music, and dramatic performances from which students turn up breathing fresh air and revive their minds. Students show great enthusiasm towards cultural events all year round. We started a cultural club in our institute so that such riveting activities could be organized where the faculties and students together can participate in these activities.





SOFT SKILLS CLUB

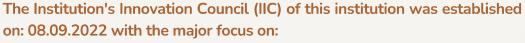
Founded on May 16, 2023, by the Director and Principal of the Institute, the Soft Skills and Language Club is a vibrant platform for students to develop and showcase their literary and creative abilities. Under the guidance of Dr. Divya Sharma, Assistant Professor of English, and with a dedicated team of student coordinators, the club organizes diverse events, including declamation contests, poetry readings, debates, and Spelling Bee competitions.





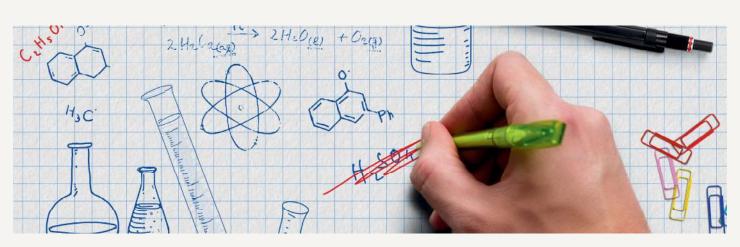
Innovation cell.

In the year 2018, the Ministry of Education (MoE) through MoE's Innovation Cell (MIC) launched the Institution's Innovation Council (IIC) program in collaboration with AICTE for Higher Educational Institutions (HEIs) to systematically foster the culture of innovation and start-up ecosystem in education institutions. Primarily, IICs' role is to engage large number of faculty, students and staff in various innovation and entrepreneurship related activities such as ideation, Problem solving, Proof of Concept development, Design Thinking, IPR, project handling and management at Pre-incubation/Incubation stage, etc., so that innovation and entrepreneurship ecosystem gets established and stabilized in HEIs. The IIC model is designed to address the existing challenges/issues in HEIs such as less numbers, occasional and unplanned Innovation & Entrepreneurship (I&E) activities organized in HEIs with low involvement of top leadership, lack of coherence and absence of synergy in resource mobilization, deployment and underutilization of creative potential of youths as major barrier for vibrant I&E ecosystem to emerge from HEIs.



- ·To create a vibrant local innovation ecosystem.
- ·Start-up supporting mechanism in HEIs.
- Prepare institute for Atal Ranking of institutions on innovation achievements framework.
- ·Establish function ecosystem for scouting ideas and pre-incubation of ideas.
- •Develop better cognitive ability among students.







HACKATHON



Teams raced against the clock, fueled by coffee and competition. Fron brainstroming sessions to coding marathons, we turned wild ideas into working prototypes in just 24 hours.



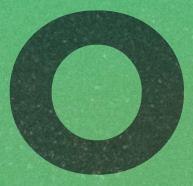




We didn't just build projects, we forged friendships and created memories that will last a lifetime!

ECO CLUB

The Eco Club at our campus has been actively engaged in promoting environmental awareness and sustainability among students and staff. Activities like tree plantation and cleanliness drives are organized from time to time.



CLUB





SPORTS SECTION







Q

College Teams Photographs





Girls' Vollyball Team



Girls' Kabbadi Team



Boys' Vollyball Team



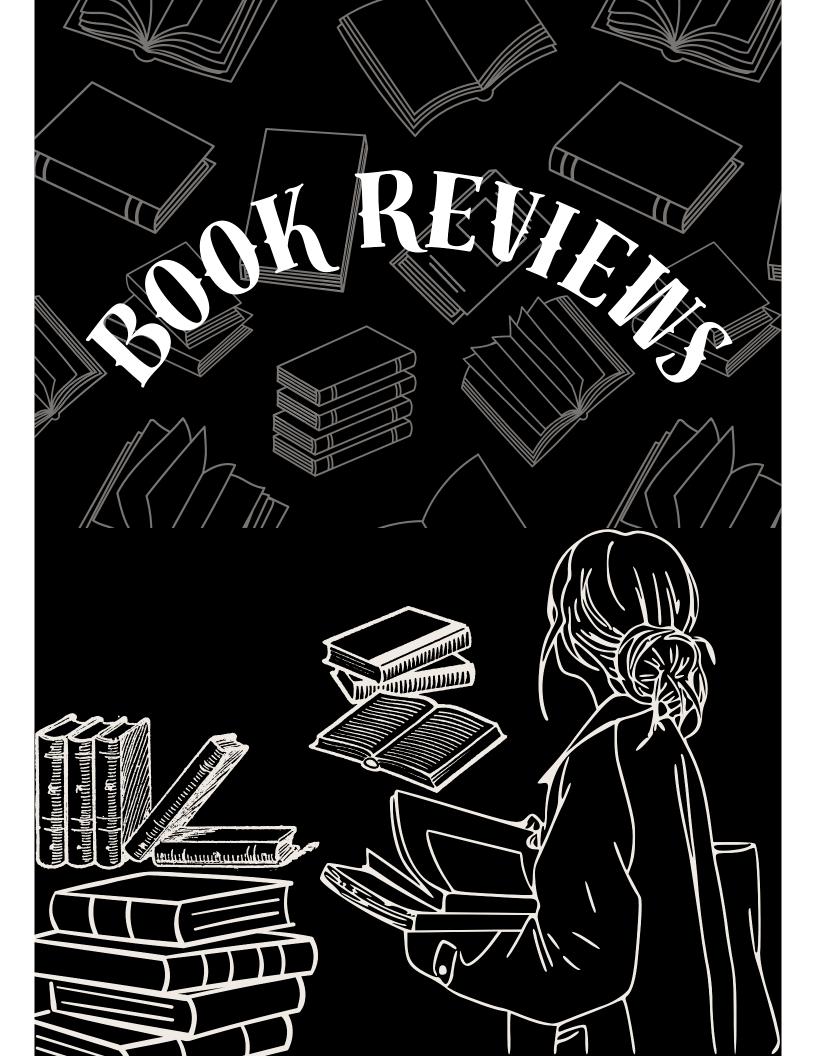
Boys' Kabbadi Team





HOSTEL MIGRIES





Book: Atomic Habits By James Clear Genre: Self-Help

Publications: Penguin Publishing Group

"Momic Habits" by James Clear is a transformative guide to understanding and implementing small, incremental changes that lead to significant improvements over time. The book's core thesis revolves around the idea that habits, no matter how small, compound over time to yield remarkable results. Clear's writing is practical, evidence-based, and rich with real-world examples, making complex psychological concepts accessible to a broad audience.

Clear introduces the concept of "atomic habits," which are small, easy-to-do actions that, when consistently applied, lead to substantial personal and professional growth. He breaks down habit formation into four laws:

- 1. Make it obvious.
- 2. Make it attractive.
- 3. Make it easy.

Key Concepts

4. Make it satisfying.

Each law is supported by actionable advice and strategies, such as habit stacking (linking a new habit to an existing one) and the 2-minute rule (starting new habits with actions that take less than two minutes). Clear also delves into the psychological and neurological mechanisms that underlie habit formation and change, emphasizing the importance of environment, identity, and continuous improvement.

Why It's Worth Reading

"Atomic Habits" is not just a self-help book; it's a blueprint for sustainable change. The beauty of Clear's approach lies in its simplicity and universality. Whether you're aiming to build a better morning routine, improve your health, or enhance productivity at work, the principles outlined in this book can be applied to virtually any area of life. Clear's engaging writing style, combined with practical exercises and a wealth of anecdotal evidence, makes this book a compelling and useful read for anyone looking to improve their life one habit at a time.

Things I Learned from *Atomic Habits* How to Create a Good Habit:

- 1st Law (Cue): Make it obvious.
- 2nd Law (Craving): Make it attractive.
- 3rd Law (Response): Make it easy.
- 4th Law (Reward): Make it satisfying.

How to Break a Bad Habit:

- Inversion of the 1st Law (Cue): Make it invisible.
- Inversion of the 2nd Law (Craving): Make it unattractive.
- Inversion of the 3rd Law (Response): Make it difficult.
- Inversion of the 4th Law (Reward): Make it unsatisfying.

Why an Engineer Should Read Atomic Habits

Atomic Habits offers engineers a powerful toolkit for personal and professional growth, grounded in principles that align closely with engineering thinking. The book is not only a guide to improving individual habits but also a resource for developing the mindset and discipline needed to tackle complex challenges and achieve sustained success in the engineering field.

My Insights

In my opinion, this book is a must-read for every individual currently pursuing a college education or a professional course. It teaches us not only the benefits of good habits but also how to incorporate them into our daily lives. We are in a phase where these small habits matter significantly; they help us grow and become better versions of ourselves. These habits will serve us well in the long run, unlike the subjects we study in our first year.

-Sarthak Joshi CSE (6th semester)

Books: Harry Potter Series By J.K. Rowling Genre: Fantasy

Publications: Bloomsbury

When I first read the "Harry Potter" series some years ago, I experienced much of the excitement along with an ounce or two of skepticism. I was also a little dubious when it came out—how could anything be as good as J.K. Rowling's Potterverse after all the hype? I am happy to say that not only did it meet my expectations, but in ways I could have never dreamed.

I was immediately spirited away to a place where magic seemed possible and adventures always waited just around the next chapter on page 1 of *Harry Potter and the Sorcerer's Stone*. Rowling writes beautifully, creating the Hogwarts School of Witchcraft and Wizardry with all its enchantment. The setting, complete with its moving staircases, talking portraits, and secret rooms, is as much a character in the story itself as Harry.

The characters are fully drawn and deeply human, even if they aren't complete humans. The previously strange and lovable Harry is now a protagonist worthy of the reader's support, with his courage and sense of justice. The trio of Harry, his friends Hermione Granger and Ron Weasley gives it balance and depth: they represent the qualities of loyalty (Harry), intelligence (Hermione), and humor (Ron). Meanwhile, the likes of Hagrid and Snape provide additional depth to what might have otherwise been a more incoherent sandbox—they make this world seem real and lived-in.

The most outstanding element of the series is that it ages with its audience. The earlier books are a bit childish, but they have a light, whimsical charm and are perfect for children's reading. As Harry matures, the series increasingly explores themes of prejudice, loss, and the moral ambiguities of war, set against a backdrop of political intrigue. This whole story makes for a highly entertaining and relatable read that encompasses all age groups.





The plot unfolds beautifully, with each story linking to the next until a satisfying climax in *Harry Potter* and the *Deathly Hallows*. The mysteries and twists are smartly woven, frequently keeping me on edge and flipping the pages to find out what happens next. Friendship, courage, and the battle against evil are themes that will never go out of date or lose their relevance.

The calculation of love and sacrifice in this series is, I think, one of the most emotional facets presented, along with a full package. The bonds of family, friendship, and romance are deeply portrayed throughout the novels, adding a feeling of depth to this beautifully told story. This isn't just a fight against evil; instead, it's an epic about finding oneself and teaming up to understand.

Of course, the "Harry Potter" series isn't perfect. There are times when it feels like the pacing could be a little tighter, or when certain plot elements seem contrived. But these are minor issues in the face of what remains an outstanding and lasting work.

In the end, J.K. Rowling's "Harry Potter" series is a victory for imagination and narration. It has touched the lives of millions (my own included) and proves again and again that friendship matters, speaking up is essential, and magic truly does live within us all. The magic of Harry Potter can be appreciated by children discovering the series for the first time, as well as by adults who have stepped back into Hogwarts halls.

-Sarthak Kaul CSE (8th semester) **Book : The Alchemist**

By Paulo Coelho

Genre: Fiction

Publication: Harper One

A time-honored parable that explores the journey of self-discovery and the quest to fulfill an individual's Personal Legend. Santiago, a shepherd boy from Andalusia, embarks on a transformative journey due to a recurring dream about treasure near the Pyramids of Egypt. Simple yet profound, Coelho's writing has touched audiences across cultures and generations.

Key Concepts

At the very core of *The Alchemist* lies the idea of a young person following their dreams. Santiago introduces the concept that every individual has a Personal Legend—a unique purpose that gives life its meaning. During his travels, he meets various characters, notably the wise Alchemist, who helps him understand the principles of the Soul of the World, a universal force connecting all beings.

Through the rich setting of the story, it is evident that Santiago's outer journey mirrors his inner transformation. The desert symbolizes the challenges of life that one must face to dive into the unknown. As Santiago learns to listen to his heart, he discovers that the real treasure is not gold or material wealth, but the lessons learned and the people he encounters along the way.

Why It's Worth Reading

The Alchemist is a fiction novel that transcends reality with its universal message about the importance of following one's dreams. Coelho's narration encourages readers to embrace uncertainty and rely on themselves. This book serves as a great source of inspiration and guidance for anyone seeking fulfillment in their lives.

What I Learned from The Alchemist

• Follow your dreams: Discovering and pursuing your Personal Legend is the essence of a fulfilling life.

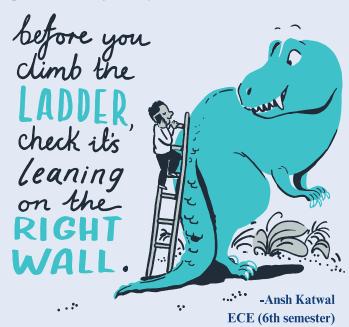
- Experience is the greatest reward: Often, the journey itself is more important than the destination.
- Listen to your inner voice: Every decision and challenge in life should be approached with inner reflection.

Why It Resonates with Students

In this sense, *The Alchemist* is particularly relevant to young people, whose paths are often guided through education and professional life. It emphasizes that the road to self-discovery and personal growth is valuable in itself, rather than just the end goal. The value of persistence and perseverance teaches readers the importance of pursuing dreams with courage and confidence.

My Thoughts

This is a book that should be read by all students and young professionals at any crossroads in life. The author highlights the importance of every small step toward our goals, emphasizing that the lessons learned through hardships are invaluable. Paulo Coelho's narrative inspires us to find our truest purpose and showcases the transformative power of our journeys.



Book: F.R.I.E.N.D.S

By Marta Kauffman & David Crane

Genre: Sitcom

Publication: Bright/Kauffman/Crane

F.R.I.E.N.D.S is known for its witty writing, memorable catchphrases, and the undeniable chemistry between the characters. The strength of the book lies in its well-developed characters and the dynamic relationships among them. It remains a cultural touchstone for many, celebrated for its humor, heart, and relatability. The book provides detailed accounts of their growth, focusing on how they transitioned from 20-somethings figuring out life in New York to more mature adults dealing with real-world challenges.

Character Development

Ross begins the series as the recently divorced, somewhat neurotic brother of Monica. His unrequited love for Rachel becomes one of the major plot points, providing much of the tension and emotional depth. The book explores how Ross's character, often the most serious of the group, embodies both vulnerability and absurdity.

Rachel Green evolves from a spoiled waitress to a successful fashion executive, while Monica Geller offers a blend of neuroticism and warmth. Joey Tribbiani provides comic relief with his lovable, dim-witted charm, whereas Phoebe Buffay brings an eccentric yet endearing quality to the group.

This vulnerability, juxtaposed with his comedic persona, makes him relatable and endearing. Starting as the fidgety, commitment-phobic guy with a corporate job he dislikes, he evolves into a solicitous husband and a responsible friend. His journey from fearful of emotional intimacy to one who finds love and learns to embrace his feelings with Monica is both soul-stirring and heartening.

Cultural Impact

F.R.I.E.N.D.S is often credited with redefining the concept of friendship for young adults, especially during the transition from adolescence to adulthood. It depicted a new model of "chosen family," where friendships became central to one's identity and support system. This portrayal deeply resonates with young viewers, who read about the characters and their idealized, relatable version of adult life, often leading them to prioritize friendships in their own lives.

The book popularized specific phrases and expressions that have become ingrained in culture. For example, Joey's "How you doin'?" and Ross's infamous "We were on a break!" became part of everyday vernacular.



Chandler Bing, my personal favorite, is known for his self-deprecating jokes and sarcastic humor. Chandler's humor is often his armor, a defense mechanism to mask his insecurities and fears. A critical review might explore how these portrayals established idealized visions of love, friendship, and success, influencing the real-life aspirations and anxieties of readers.

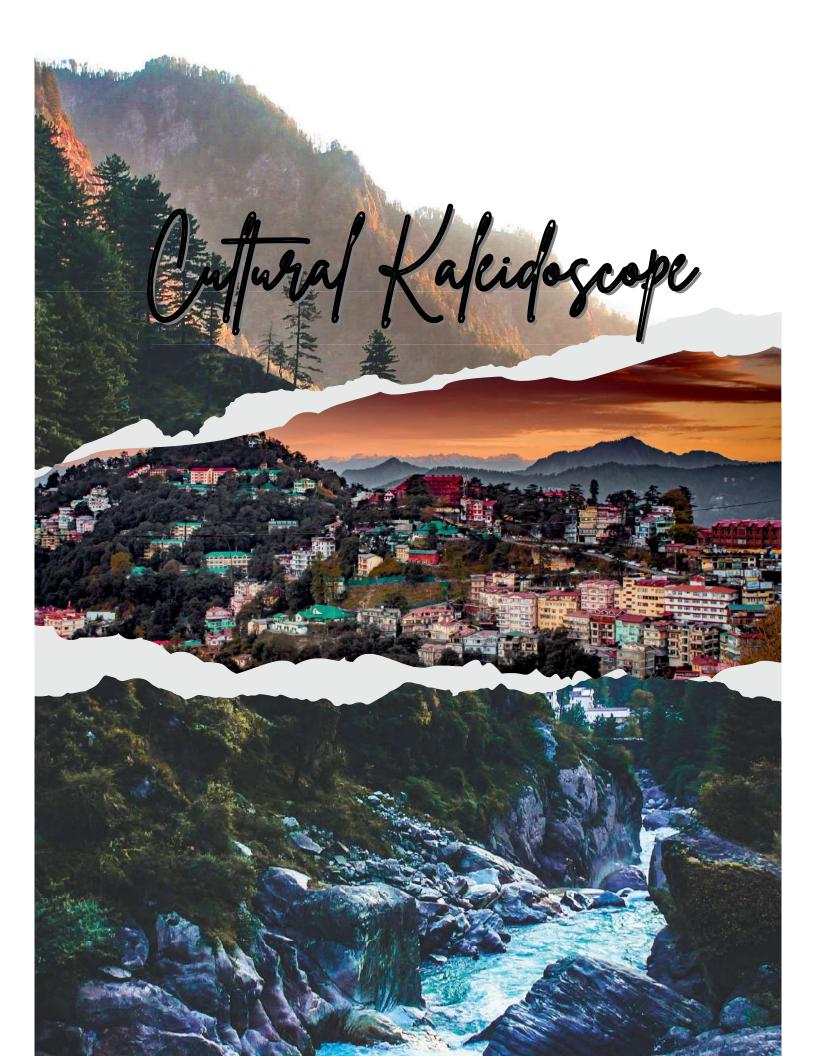


Astuteness

- Timeless Theme of Friendship: At its core, *F.R.I.E.N.D.S* is about the value of close relationships. The book portrays how friends become like family, providing support through life's challenges. This is especially relatable for young people navigating changes in their lives, whether it's moving away from home, starting a career, or facing personal struggles. It reminds them that having a solid support system is crucial.
- Relatable Life Experiences: The characters in *F.R.I.E.N.D.S* go through many experiences that young adults face: navigating romantic relationships, job uncertainties, personal insecurities, and the quest for self-identity. The way the book handles these universal issues is relatable, providing both comfort and laughter as the characters deal with their ups and downs.
- Positive Representation of Lifelong Growth: The characters grow significantly over the course of the book. They mature, pursue careers, fall in and out of love, and form lasting bonds. This ongoing development teaches youth that it's okay to be imperfect and to keep working on themselves. It shows that personal growth is a continuous process and that making mistakes along the way is normal.

- Celebration of Individuality: Each character in *F.R.I.E.N.D.S* is unique, with distinct quirks and personality traits. The show emphasizes the importance of accepting people for who they are, while also highlighting the fun that comes from diversity in friendships. For youth, this is an important message about being confident in one's individuality and respecting differences in others.
- Lessons in Resilience: The book touches on real struggles, whether it's Ross dealing with divorce, Monica's insecurity about her career, or Phoebe's difficult upbringing. These moments serve as reminders that setbacks and hardships are part of life, but resilience and friendship can help people get through even the toughest times.
- In conclusion, F.R.I.E.N.D.S offers valuable life lessons, comfort, and humor that make it a great recommendation for young readers. It's a cult classic that encourages connection, supports personal growth, and reminds viewers that it's okay to stumble as long as you have your friends to catch you.

-Maliniansu Thakur CSE (8th semester)



KINNAURI CULTURE

Kinnouri culture is very different from the rest; the people of Kinnouri culture follow the Buddhist religion. The Kinnouri people are known for their rich cultural traditions, which include music, dance, and festivals. Traditional music is performed using local instruments, and songs often convey stories, legends, and historical events. Dance is an integral part of ceremonies and celebrations, with performances that reflect the community's values and historical experiences.

Festivals and communal gatherings are important aspects of Kinnouri culture. These events serve as opportunities for socializing, celebrating significant life events such as births and marriages, and honouring ancestral traditions. Rituals and ceremonies often include offerings, prayers, and traditional foods



History

The Kinnauris belong to an assimilation of ancient tribes. The people have their own distinct identity, wear distinctive green caps with ornately woven shawls and speak a Tibeto Burman dialect, Kinnauri, that makes them distinct from the rest of the Pahadi tribes. Historically, Kinnaur, like Spiti, belonged to the ancient Zhang Zhung kingdom. Bon, an ancient tribal religion, was practiced in this kingdom.

With the arrival of Buddhism from Tibet, this tribal religion synchronised itself accommodating both Hindu and Buddhist practices to create an assimilated tradition.

Further integration and cultural assimilation took place in the 7th century A.D. when the Kinnauris were pushed deeper into the mountains by the Kashmiri Khash cultural group (also known as Khas and Khasia) who they ultimately blended with. This integration produced a beautiful blend of people.

Food History of Kinnaur

Kinnaur, located in Himachal Pradesh, is known for its rich cultural heritage, which extends to its diverse food traditions. The cuisine of Kinnaur has evolved over centuries and is greatly influenced by the tough climatic conditions and the topography of the Himalayan region. The staple diet of the Kinnauri people consists largely of grains like wheat, barley, and buckwheat, and pulses such as peas and rajma. The harsh winters necessitate the storage of food; hence, a lot of the traditional dishes are made from dried or fermented ingredients. Orchards in Kinnaur are abundant with apples, apricots, and almonds, which also feature prominently in the local cuisine. Additionally, the food here is seasoned with spices and herbs found in the Himalayan region, giving it a distinctive flavour.

Must Try Top 10 Food Dishes in Kinnaur

Madra (Veg) - A creamy chickpea dish cooked with yogurt and assorted spices typically found in Kinnauri weddings and festivals.

Dham (Veg) - A traditional meal comprising rice, lentil dal, and raima served with a dollop of ghee; usually enjoyed during celebrations.

Babru (Veg) - A variation of the North Indian kachori, this deep-fried stuffed bread is a favourite among the locals.

Thukpa (Non-Veg) – A Tibetan noodle soup filled with vegetables and often served with meat, Thukpa has made its way into Kinnauri cuisine owing to the region's proximity to Tibet.

Sidu (Veg) - A local bread made from wheat flour, kneaded with yeast and often stuffed with poppy seeds, walnuts, or groundnuts before being steamed.

Chilta (Veg) - Pan-fried pancakes made from buckwheat flour, also known as 'pattu' in local dialect.

Aktori (Veg) – A pancake prepared with buckwheat and wheat flour, seasoned with jaggery or white sugar; traditionally eaten during celebrations.

Kinnauri Rajma (Veg) – Rajma beans sourced from Kinnaur are known for their unique taste and are prepared with rich spices, best enjoyed with steamed rice.

Chha Gosht (Non-Veg) - A marinated lamb dish cooked with yoghurt and the flavoursome spices of Himachal Pradesh.

Tudkiya Bhath (Veg) – A pulao-style dish made with rice, lentils, and potatoes, cooked with aromatic spices and served with lime juice and yogurt. Orchards are usually full of apple, almond, rajma, and chilgoza trees. Among these, apples are the major crops. Plantation time for them is from June to October, and they require good care and nurturing throughout the year for a nice harvest. The amount of attention given to apple orchards symbolizes just how important this fruit is to the economy and culture of the people here. Another major crop is the rajma, which is sown in the first week of May and harvested in late August. Besides this, the locals produce and sell oils, especially from almonds, which add greatly to their economic prospects.

People of Kinnaur

People are very jolly, sweet and hard working there. Most of their income depend on the agriculture. People work in their field at morning and evening and rest during day time and night. People have strong bond between them and strong beliefs towards their gods. They follow and love their culture and tradition. Kinnauri people might have rich cultural traditions, rituals, and a deep connection to their environment. They could be depicted as having a strong sense of community and belonging, with customs and practices that reflect their values and history.



Corture

Pattoc- It is a traditional dress of the local women. It is thicker and heavier than shawls, with fast and bright colors. Women wear "pattoo" over their clothes and pin both ends with local silver brooches called 'boomini', which is a long silver chain. It covers the whole body and a piece of cloth is tied around the waist called "gachchi", which acts as a belt.. "Dhatu" or "Thipu" – Dhatu or Thipu is a square piece of cloth used to cover the head.. Shawls – These shawls are world famous because of their beautiful intricate designs and bright colors. "Pullas" – Pullas are footwear like the bedroom slippers made out of hemp (fibre extracted from Marijuana stem). Very colorful designs are made on the upper portion with colored woolen threads.





Houses and Temples

Kinnauri architecture has strong influences from Hinduism and Tibetan Buddhism. Its long-standing heritage of wood carving and ornamentation has fostered an architectural tradition unique to the region. The temples and monasteries in the region best exemplify this.

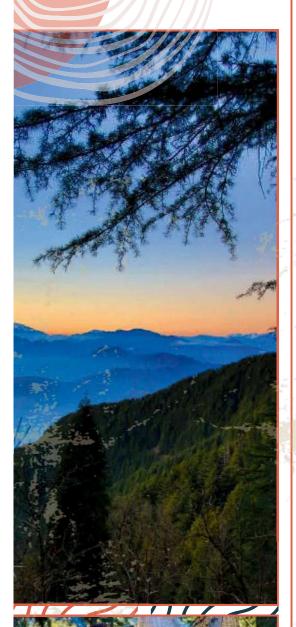


Festivals

The people of Upper Kinnaur celebrate the Tibetan New Year, called Losar, together every year, around December or January. This is one of the most imperative cultural festivals celebrated by this community; it marks the beginning of a new lunar year. The festival is characterized by various traditional rituals and communal feasts. Houses are cleaned in preparation for the New Year, while special dishes, like "Guma," a type of sausage delicacy, are prepared—people also wear their finest traditional clothes. Married women offer garlands of pine nuts, apples, or money to their brothers and express their love by wishing them good. The whole village dances to the traditional beats in the evening and rejoices till night with immense joy and friendliness. This yearly practice shows how rich is the cultural heritage of Kinnaur and the Tibetan way of life that is deeply imprinted in their blood.



चम्बा और चंबा की एक अद्भुत कहानी



चंबा भारत के हिमाचल प्रदेश प्रान्त का एक नगर है। रावी नदी के किनारे स्थित चंबा पहाड़ी राजाओं की प्राचीन राजधानी थी। चंबा को राजा साहिल वर्मन ने 920 ई. में स्थापित किया था। इस नगर का नाम उन्होंने अपनी प्रिय पुत्री चंपावती के नाम पर रखा। चारों ओर से ऊंची पहाड़ियों से घिरे चंबा ने प्राचीन संस्कृति और विरासत को संजो कर रखा है। प्राचीन काल की अनेक निशानियां चंबा में देखी जा सकती हैं। कल-कल बहती रावी और साहल नदियों के बीच बसा है चंबा।

आधुनिकता के रंगों में रंग जाने के बाद भी यहां लोकरंग जीवंत रूप में नजर आता है। घाटी में देवी-देवता आस्था का विषय ही नहीं हैं, बल्कि ये यहां की जीवनशैली में घुल-मिल गए हैं। प्राचीन मंदिरों और उत्सवों-परंपराओं को सहेजने की कला बखूबी जानते हैं यहां के सीधे-सरल लोग। हिमाचल प्रदेश की सीमा पर बसे होने के कारण चंबा में हिमाचल के साथ-साथ पंजाब, जम्मू और जनजातीय क्षेत्र की संस्कृति का भी प्रभाव दिखाई देता है।

जुलाई माह के अंतिम हफ्ते में यहां मनाया जाता है मिंजर मेला। मिंजर यानी मक्के की बालियां। 17वीं शताब्दी के मध्य चंबा के राजा पृथ्वी सिंह की नूरपुर के राजा पर जीत के साथ यह परंपरा शुरू हुई थी। प्रजा ने राजा का स्वागत मक्के के ऊपरी हिस्से में लगी मिंजर भेंटकर किया था। यह मेला एक सप्ताह तक चलता है।

चम्बा में रुमाल पर हस्तकला भी बहुत प्रसिद्ध है। चंबा रुमाल की खासियत यह होती है कि इसके दोनों तरफ एक तरह की ही कलाकृति बनकर उभरती है, इसके लिए कारीगरों को खासी मेहनत करनी पड़ती है। चंबा रूमाल जेब में नहीं बल्कि दीवार पर लगाने वाली अद्भुत कला है।

विरासत के तौर पर यहां की चप्पलें भी प्रसिद्ध हैं। रजवाड़ों के जमाने में चप्पलों को तैयार करने वाले कई महशूर कारीगर प्रसिद्ध थे। वे राजाओं को उनकी मांग के हिसाब से नई-नई तरह की चप्पलें तैयार कर उपहार में देते थे। यह मशीन की बजाय हाथ से तैयार होती है।

करीब एक हजार वर्ष से अधिक पुराने हैं चंबा के बाजार। यहां आप यहां बनने वाली परंपरागत कला और कारीगरी से जुड़ी वस्तुएं ले सकते हैं। जरूरत की लगभग सभी प्रकार की वस्तुएं मिल जाती हैं। चंबा रूमाल, चंबा चप्पल, चंबा चुख, चंबा जरीस व पीतल के थाल के लिए यहां आप सुविधाजनक मूल्य पर चंबा की निशानी अपने साथ ले जा सकते हैं।

चंबा का भूरि सिंह संग्रहालय शहर और आसपास की समृद्ध ऐतिहासिक विरासत से परिचय कराता है। चोगान चम्बा का दिल एवं सभी गतिविधियों का केंद्र है । वार्षिक मिंजर मेला चोगान में आयोजित किया जाता है। चंबा में आप मुख्य रूप से स्थानीय हिमाचल के व्यंजन का भी स्वाद ले सकते हैं। मद्रा चंबा की एक खास चीज है जिसको राजमा से बनाया जाता है।

सांस्कृतिक रूप से चंबा एक अचंभा है। पहनावा, बोली, आभूषण और संगीत के नजिरये से भी जितनी विविधता चंबा में है, उतनी शायद कहीं किसी और राज्य या जिले में नहीं होगी। इसी तरह लोकगीत भी चंबा में सर्वाधिक हैं। 'माये नी मेरिये शिमले दी राहें चंबा कितनी दूर। शिमले नी बसणा, कसौली नी बसणा, चंबे ता बसणा जरूर.। लोकगीतों में कुछ इसी तरह से पिरोया गया है हिमाचल प्रदेश के खुबसुरत इलांके चंबा को

चम्बा का सींदर्य पर्यटकों को अपनी और खिचता है। खजियार, डलहौजी, मणिमहेश, भरमौर, जुम्हार, चमेरा झील, साच पास, पांगी घाटी, काला टॉप इत्यादि चम्बा के कुछ मुख्य पर्यटक स्थल है, चंबा में पर्यटक दूर-दूर से घुमने आते हैं। चम्बा के लोगो का देवी-देवताओ में बहुत विश्वास हैं। लक्ष्मी-नारायण मंदिर, भलेई माता मंदिर, बैरा वाली माता मंदिर, चौरासी मंदिर भरमौर, साहो मंदिर, दुआट महादेव,चांजू माता मंदिर, बन्नी माता मंदिर, सूही माता मंदिर, चामुंडा देवी मंदिर इत्यादी चंबा के मुख्य मंदिर हैं. जिनमें स्थानीय लोगों की आस्था जुडी है।

चम्बा के लोगों का भगवान शिव के ऊपर बहुत विश्वास हैं। यहाँ शिव भक्ति के लिए नुआला का आयोजन किया जाता हैं। नुआले में लोग भगवान शिव की पूजा करते हैं और भजन करते हुए रात भर नाचते हैं , पुराने समय में पशु बिल की भी परम्परा थी लेकिन आजकल पशु बिल के स्थान पर नारियल चड़ा कर पूजा की जाती हैं। सदियों पुराना इतिहास समेटे शिवभूमि चम्बा का भोले नाथ के साथ अनोखा साथ हैं। लगभग चम्बा के समस्त गांव में भोले के भगत नुआले का आयोजन करते हैं।

अंत में मैं आपको चंबा की एक अदभुत कहानी सुनाके अपने शब्दों को समाप्त करंगा। तो चंबा शहर रावी और साल नदी के मध्य में बसा है पर एक समय ऐसा भी था जब यह शहर पीने के पानी की किल्लत से जूझ रहा था। दो नदियों के बीच बसे होने के बावजूद भी यहां पीने के लिए पानी की एक बूंद नहीं थी। उस समय चम्बा रियासत के राजा साहिल वर्मन हुआ करते थे। राजा भी इस समस्या से पूर्णतः वाकिफ थे पर वो करते भी क्या। एक रात उनकी पत्नी, रानी सुनैना को उनकी कुल देवी ने स्वप्न में दर्शन दिए और कहा कि राज घराने में से किसी को बलिदान देना होगा तभी पानी की कमी पूरी होगी। जब राजा साहिल वर्मन को रानी सुनैना ने पूरी कहानी सुनाई तो राजा वर्मन बलिदान देने के लिए तैयार हो गए।

फिर रानी सुनैना ने सोचा यदि राजा बलिदान देंगे तो उनका सुहाग छिन जाएगा और राज्य के सर से भी साया उठ जाएगा, और यदि उनके पुत्र राजकुमार युगाकर बलिदान देते हैं तो कुल का दीपक बुझ जाएगा और वंश को आगे कौन बढाएगा।

ये सब सोचकर रानी सुनैना ने स्वयं बलिदान देने का फैसला लिया। इस निर्णय से पुरी चंबा रियासत में शोक की लहर दौड़ गई। आखिरकार रानी सुनैना बलिदान देने के लिए महल से निकल पड़ीं। आंखों में आंसू लिए उनके इस काफिले में चंबा की जनता भी शामिल थी।

ममता और बलिदान की मूरत रानी सुनैना बलिदान देने से पहले कहा 'मेरी इच्छा है कि मेरी याद में हर वर्ष मेला लगे। इस मेले को सिर्फ स्त्रियां मनाएं और पुरुष इस में भाग न लें और न ही राज परिवार की बहुएं इस में भाग लें। इस मेले में पूजा केवल राज परिवार की कुंवारी कन्या के हाथों करवाई जाएं बस इतना कहकर रानी सुनैना ने जिंदा समाधि ले ली। उसी समय पानी की धार फूट पड़ी और रानी सुनैना का बलिदान चंबा के लोगों के लिए अमृत बन कर बहने लगा।

'गुड़क चमक भाऊआ मेघा हो, बरें रानी चंबयाली रे देसा हो। किहां गुड़कां-किहां चमकां हो, अंबर भरोरा घणे तारे हो। कुथुए दी आई काली बादली हो, कुथुए दा बरसेया मेघा हो'।... चंबयाली भाषा में गाए गए गीत के ये बोल मन को भिगो देते हैं। यह वही गीत है, जो रानी सुनैना के त्याग-बलिदान की कहानी को याद रखने के लिए सदियों से गाया जाता है। साथ ही एक परंपरा यह भी चली आ रही है कि चाहे कितना भी साफ आसमान हो, इस गीत के गाने के बाद चंबा में बारिश जरूर होती है।

अंत में मैं अपने शब्दों को विराम देते हुए यही कहना चाहता हूं कि अगर जिंदगी में कभी घूमने-फिरने का अवसर मिले तब चंबा ज़रूर जाए और वहाँ की विविधता से भरी संस्कृति और प्राकृतिक सौंदर्य का आनंद जरुर ले।

-आदित्य शर्मा CSE (6th semester)

Footprints & Pathways





Enchanting Orissa Sun temple

Jaggnnath









"The sun rose o'er Konark's sacred stones, as history's whispers chilled our bones,"

emangalajodi bird

To Puri's holy shores we did repair, where pilgrims and sea breeze alike fill the air."



Majestic Peaks Of Yulla Kanda



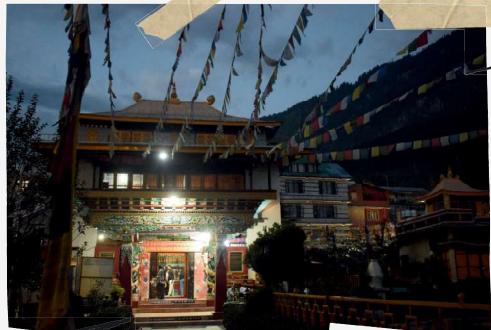
"What mighty heights, what sacred ground, our hearts forever bound in awe of Yulla's blessed shrine."

"In verdant woods and misty veil, we wandered forth as pilgrims true, drawn by Krishna's whispered call."



Kullu & Spiti



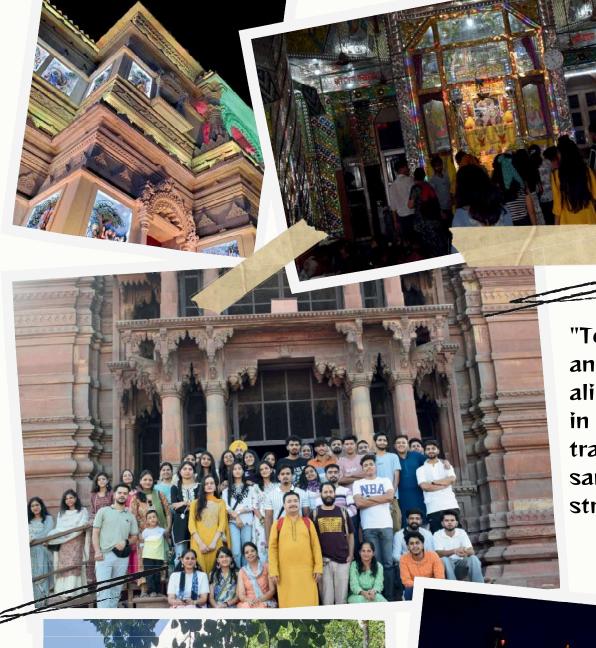


"What sights! As if Nature herself were an artist, painting the land in colors bold, and we her most willing subjects."





The Land of Radha and Krishna: Vrindavan



"Teachers and friends alike, bound in mirth, did traverse sanctified streets."





HAPPY Hints



COMUC GUENCS

To the whimsical world of ethical conundrums, where the lines between right and wrong are as blurry as a foggy morning in Shimla.

We embark on a hilarious journey through the minefield of moral dilemmas, armed with nothing but wit, sarcasm, and a healthy dose of absurdity.

So, buckle up and prepare to laugh your way through the labyrinth of ethics!

SCENE 1:

(Deepfreezing the Office)

Picture this: You open the office fridge, only to find your lunch mysteriously vanished, replaced by a note that reads, "Sorry, couldn't resist!" Do you confront the culprit, launch a covert investigation, or simply resort to labeling your lunch with menacing warnings like "Biohazard—Touch at Your Own Risk"?





SCENE 2: (The Muddle of Regifting)

This is the season of giving, but what do you do with that hideous sweater Aunt Suman bestowed upon you with unwavering enthusiasm? Is regifting a thoughtful act of recycling or a deceptive ploy to rid yourself of unwanted clutter? And how many times can you regift the same item before karma catches up with you?

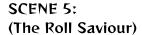


SCENE 3: (Ethics of Ghosting in the Digital Age)

The art of ghosting—ignoring messages, calls, and social invitations with the finesse of a disappearing act. Is it acceptable to ghost someone after a disastrous first date, or should you muster the courage to deliver the dreaded "It's not me, it's you"? And let's not even get started on the perils of accidentally sending a message meant for your best friend to your boss!





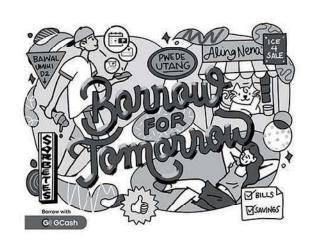


Are you an over-the-top or an under-thebottom kind of person? The age-old debate over the correct orientation of toilet paper has divided households and sparked countless arguments. But let's face it, in the grand scheme of things, does it really matter as long as the roll isn't left empty for the next unfortunate soul?



SCENE 4: (Theft of Borrowing Without Asking)

We've all been there—borrowing a pen, a book, or even a sweater without bothering to ask for permission. But where do we draw the line? Is borrowing a lipstick from your hostel friend acceptable, or does it cross into the realm of petty theft if you don't return it promptly with a bouquet of flowers and a heartfelt apology?

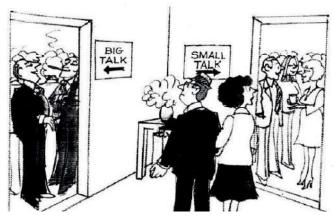






SCENE 6: (Akward Small Talk in a Small Cubicle)

We've all experienced the awkward silence of elevator rides, punctuated only by the gentle hum of elevator music. But when faced with a fellow passenger, should we engage in polite small talk about the weather, or should we channel our inner introvert and stare at the floor buttons with unwavering intensity until your stop arrives?





"We're sending in several members of our elite small-talk team for tonight's cocktail party."



SCENE 7: (Pay for what you Eat!)

The dilemma of splitting the bill at dinner—a veritable minefield of awkwardness and mathematical gymnastics. Should we propose a fair division of the bill, risking the wrath of the penny-pinching friend who only ordered tap water, or should we conveniently develop temporary amnesia when the check arrives, leaving the burden of payment to fate?



SCENE 8: (The Office Coffee Debacle)

The fuel to the modern workforce—coffee. But what happens when your caffeine-craving colleague forgets to replenish the communal coffee stash? Do you resort to drastic measures like staging a protest with picket signs reading "No Beans, No Peace," or do you take matters into your own hands and start a covert coffee smuggling operation just like Bigboss?





While navigating the murky waters of morality may leave us scratching our heads in bafflement, let's not forget to embrace the hilarity of the human experience and approach ahealthy dose of humor. After all, laughter is truly the best medicine—even for the most perplexing of moral dilemmas!







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